

This Feeling Is Real

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Therese Johnsson (SWE) - April 2017
音樂: Home - Jack Savoretti : (Album: Written in Scars)



Intro: 8 count, from the drums are beginning to play.

Sequence of the dance: A, A, A-8 counts, Restart A, Tag, A, A, A- 8 counts, Restart A, A, A(1-16)

A: 32 counts

[1-8]: walk R-L, anchor step fwd, anchor step back, out-out, together, cross

1,2 step RF fwd, step LF fwd
3&4 step RF behind LF, LF recover, RF Recover
5&6 step LF back, RF recover, step LF back
7&8& step RF out(right), step LF out (left), step RF beside LF, cross LF over RF

***Restart comes here**

[9-16]: rock-recover, behind-step 1/4 turning left-step, step, kick, together, step, step-turn 1/2(pivot)

1,2 rock RF to right side, recover to LF
3&4 step RF behind LF, step LF 1/4 left(09.00) , step RF forward
&5&6 step LF forward, kick RF forward, Step RF beside LF step LF forward
7,8 step RF, turn 1/2 (03.00) Swing right hip back to front with an attitude!

[17-24]: triple forward, walk L-R-L (turning 1/4), rock forward-recover, coaster step

1&2 step RF forward, step LF beside RF, Step RF forward
3,4,5 walk L-R-L forward(1/4 turn to wall 06.00)
6& rock RF forward, recover LF
7&8 step RF back, step LF beside RF, step RF forward

[25-32]: cross, 3/4 turn, rock, recover, hitch L, behind side cross, big step right, together (weight on LF)

1,2 cross LF over RF, 3/4 turn right(03.00)
3&4 rock LF to left side, recover RF, hitch L knee
5&6 step LF behind RF, step RF to right side, cross LF over RF
7,8 Big step with RF to right, step LF beside RF(The weight on LF)

TAG 1-4 Hip bumps R-L

1&2 touch R toe forward, hip bump(Right hip)
3&4 touch L toe forward, hip bump (Left hip)

Dance and have fun:)

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