

Sooner Or Later

拍數: 64 牆數: 2 級數: Improver
編舞者: Jan Brookfield (UK) - August 2017
音樂: Sooner or Later - Hannah Johnson : (CD: Shaken)



Dance starts on vocals.

Section 1 : STEP, SCUFF, STEP, SCUFF, COASTER STEP, SCUFF

1,2,3,4 Step R forward, scuff L forward, step L forward, scuff R forward
5,6,7,8 Drop back onto R, step back on L next to R, step R forward, scuff L forward

Section 2 : STEP, SCUFF, STEP, SCUFF, COASTER STEP, SCUFF

1,2,3,4 Step L forward, scuff R forward, step R forward scuff L forward
5,6,7,8 Drop back onto L, step back on R next to L, step L forward, scuff R forward

Section 3 : ROCKING CHAIR, 2 x 1/4 TURN PADDLES

1,2,3,4 Rock R forward, recover onto L, rock R back, recover onto L
5,6,7,8 (Step R forward, swivel 1/4 turn to left, transfer weight onto L) x 2 (6 o'clock)

Section 4 : JAZZ BOX, TOUCH, SWAY x 2, STEP, TOUCH

1,2,3,4 Step R across L, step L back, step R, touch L next to R
5,6 Step L to left side, swaying hips left, recover weight onto R, swaying hips to right
7,8 Step L to side, touch R next to L

Section 5 : MONTEREY 1/4 TURN, 2 x HEEL TAPS FORWARD

1,2 Point R to right side, making 1/4 turn right, step on R next to L (9 o'clock)
3,4 Point L to left side, step on L in place
5,6,7,8 Tap R heel forward, step on R in place; tap L heel forward, step on L in place

Section 6 : MONTEREY 1/4 TURN, ROCKING CHAIR

1,2,3,4 Repeat steps as in Section 5, counts 1-4 (12 o'clock)
5,6,7,8 Rock R forward, recover onto L; rock R back, recover onto L

Section 7 : 2 x TOE STRUTS FORWARD, OUT-OUT, IN-IN

1,2,3,4 R toe strut forward, toes first, then heel; L toe strut forward, toes first, then heel
5,6 Step R out to right side, step L out to left side;
7,8 Gently stomp R in place, gently stomp L in place

Section 8 : 2 x TOE STRUTS BACK, ROCK BACK, RECOVER, STEP, 1/2 PIVOT TURN

1,2,3,4 R toe strut back, toes first then heel; L toe strut back, toes first then heel
5,6,7,8 Rock R back, recover onto L, step R forward, pivot 1/2 turn left, weight now on L (6 o'clock)

START AGAIN
