

# Find Yourself

**COPPER** **KNOB**  
BY STEPHEN

拍數: 34      牆數: 4      級數: Intermediate  
編舞者: Ami Carter (UK) - August 2017  
音樂: Find Yourself - Brad Paisley : (Album: Cars - Movie Soundtrack)



Intro: 16 Counts

Restarts: Wall 1 after 30 counts. Wall 4 after 24 counts

**[1 – 8] R NIGHTCLUB BASIC, L SIDE, BEHIND, SIDE, CROSS ROCK, RECOVER, BALL-CROSS, SIDE, BACK ROCK RECOVER**

1 2&      Step right to right side, step left foot behind right, cross right foot over left  
3 4&      Step left foot to left side, step right behind left, step left foot to left side  
5 6&7      Cross right foot over left, recover back onto left, step right slightly to right, cross left over right  
&8&      Step right foot to right side, rock back onto right foot, recover onto right foot

**[9 – 16] ¼ SPIRAL TURN, STEP, FULL TURN, SWEEP, CROSS, BACK, BACK, CROSS, BACK, BACK, CROSS, ¼, ½**

1      Make ¼ turn right stepping left foot back then continue another ½ turn right on ball of left foot (9.00)  
2&3&      Step right foot forward, make ½ turn right stepping left foot back, make ½ turn right stepping right foot forward, sweep left foot from back to front (9.00)  
4&5      Cross left over right, step right foot back to right diagonal, step left foot back to left diagonal  
6&7      Cross right over left, step left foot back to left diagonal, step right foot back to right diagonal  
&8&      Cross left foot over right, make ¼ turn left stepping right foot back, make ½ turn left stepping left foot forward (12.00)

**[17 – 24] ¼ NIGHTCLUB BASIC, ¼, STEP ½ PIVOT, WALK x3, STEP ½ PIVOT**

1 2&      Make ¼ turn left stepping right foot to right side, step left foot behind right, cross right foot over left (9.00)  
3 4&      Make ¼ turn stepping left foot forward, step right foot forward, make ½ turn left shifting weight to left foot (12.00)  
5 6 7      Walk forward right, left, right  
**(Restart Here: Wall 4 – make ¾ turn shifting weight to left foot on count 8, facing 3.00)**  
8&      Step left foot forward, make ½ turn right shifting weight to right foot (6.00)

**[25 – 34] STEP FORWARD, FULL TURN, ¼ NIGHTCLUB BASIC, ¼, ¼ SIDE, CROSS, SIDE, NIGHTCLUB BASIC, ¼ TURN, STEP ¾ PIVOT**

1 2&      Step left foot forward, make ½ turn left stepping right foot back, make ½ turn left stepping left foot forward  
3 4&      Make ¼ turn left stepping right foot to right side, step left foot behind right, cross right foot over left (3.00)  
5 6&      Make ¼ turn right stepping left foot back, make ¼ turn right stepping right foot to right side, cross left foot over right (9.00)

**(Restart Here: Wall 1 facing 9.00)**

7 8&      Step right foot to right side, step left foot behind right, cross right foot over left  
9 10&      Make ¼ turn left stepping left foot forward, step right foot forward, make ¾ turn left shifting weight to left foot (9.00)

**START AGAIN**

Contact: [blackvelvetdance@yahoo.co.uk](mailto:blackvelvetdance@yahoo.co.uk)

