

Story Of A Heart

COPPER **NOB**
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Michelle Risley (UK) - August 2017
音樂: Story of a Heart (7th Heaven Radio Mix) - Steps



Note 1: Intro - 16 Counts Repeated 4 Times

Note 2: Wall 4- Drop Count 31-32 (Pivot Turn) Carry On 6oc At Count 33 (Walk, Kick-Ball-Change)

Intro – Repeated 4 Times, To Bring You Back To Front Wall To Start Main Dance

SIDE, CROSS ROCK, ¼ TURN, SWEEP, WEAVE, SWEEP, WEAVE, CROSS SHUFFLE

1&2& Step Right To Right Side, Hold, Cross Rock, Recover (Angled To Right Dia)

3& Make ¼ Left Stepping On Left, Sweep Right Back To Front,

4&5& Right Over, Left Side, Right Behind, Sweep Left Front To Back,

6&7&8& Left Behind, Right Side, Cross Left Over, Right Side, Left Over, Hold (9oc)

****MAIN DANCE – Start On Music Change, Heavy Beat**

S1: SIDE, CROSS ROCK, ¼ TURN, PIVOT ½, SHUFFLE

1234 Step To Right Side, Cross Rock Left Over Right, Recover, ¼ Turn Left Step On Left

567&8 Step Forward Right, Pivot ½ Left, Shuffle Forward On Right (3oc)

S2: Full Turn, Rock Forward, Jump Back, Step Back, Step Back, Touch,

1234 Full Turn Right Shoulder Travelling Forward Stepping L-R, Rock Forward On Left, Recover,

&56 Small Jump Back And Hip Width Apart – Left (&) Right (5), Step Back Left, (6)

78 Step Back On Right (7), Touch Left In Front Of Right (8) (Click Fingers Of Right Hand) (3oc)

S3: Kick & Point, Tap Forward, Side, Kick & Point, Tap Forward, Side

1&234 Kick Left Forward, Point Right To Side, Tap Right Front, Tap Right Side

5&678 Kick Right Forward, Point Left To Side, Tap Left Front, Tap Left Side (3oc)

S4: Sailor Step, Sailor Step, Reverse Pivot ½, Pivot ½ Turn

1&23&4 Left Behind Right, Right To Side, Left To Side, Right Behind Left, Left To Side, Right To Side

5678 Tap Left To Back, Reverse Pivot ½ Left, Step Forward Right Pivot ½ Left (3oc)*

Note: 1-4 Sailor Steps Should Be Travelling Back Slightly

Note: Wall 4 Drop Count 7-8 Pivot Turn, Pick Up Dance Section 5 Facing Back Wall

S5: Walk, Kick-Ball Change, Walk, Rock Forward, Full Turn Triple (Alt Coaster)

12&34 Walk Forward Right, Left Kick Ball Change, Walk Forward Left

567&8 Rock Forward Right, Recover, Full Turn Triple Over Right Shoulder (Alt Coaster Step)

S6: Rock Forward, ½ Shuffle, 1/4 Pivot, Cross Shuffle

123&4 Rock Forward On Left, Recover, ½ Turning Shuffle Over Left Shoulder

567&8 Step Forward On Right, ¼ Turn Left, Cross Shuffle With Right (6oc)

S7: Side, Behind, & Heel & Touch & Heel & Touch, Coaster Step (Angled)

1 2&3 Left Side, Behind, Step Back On Left Dia, Right Heel To R Dia,

&4 Step Down On Right, Touch Left Toe Behind Right Heel

&5&6 Step Back On Left, Right Heel Forward, Step Down On Right, Left Toe Behind Right Heel

7&8 Left Coaster Cross (Angled To R Dia)

S8: Point, Turn, Point, Turn, Full Turn, Pivot 1/2

1 2 Touch Right Toe To Right Side (6oc) Step Right Foot Forward Making ¼ Turn Right (9oc)

3 4 Make ¼ Right Point Left To Side (6oc), Step Left Foot Forward Making ¼ Turn Left (9oc)

5 6 ½ Turn Left Step Back On Right Foot, ½ Turn Left Step Forward On Left Foot
7 8 Step Forward On Right Foot, Pivot ½ Turn Left (Weight Ends On Left Foot) (3oc)

ENJOY!!

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