

# Story Of A Heart

**COPPER** **NOB**  
BY STEPHEN

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Michelle Risley (UK) - August 2017  
音樂: Story of a Heart (7th Heaven Radio Mix) - Steps



**Note 1: Intro - 16 Counts Repeated 4 Times**

**Note 2: Wall 4- Drop Count 31-32 (Pivot Turn) Carry On 6oc At Count 33 (Walk, Kick-Ball-Change)**

**Intro – Repeated 4 Times, To Bring You Back To Front Wall To Start Main Dance**

**SIDE, CROSS ROCK, ¼ TURN, SWEEP, WEAVE, SWEEP, WEAVE, CROSS SHUFFLE**

1&2&      Step Right To Right Side, Hold, Cross Rock, Recover (Angled To Right Dia)

3&      Make ¼ Left Stepping On Left, Sweep Right Back To Front,

4&5&      Right Over, Left Side, Right Behind, Sweep Left Front To Back,

6&7&8&      Left Behind, Right Side, Cross Left Over, Right Side, Left Over, Hold (9oc)

**\*\*MAIN DANCE – Start On Music Change, Heavy Beat**

**S1: SIDE, CROSS ROCK, ¼ TURN, PIVOT ½, SHUFFLE**

1234      Step To Right Side, Cross Rock Left Over Right, Recover, ¼ Turn Left Step On Left

567&8      Step Forward Right, Pivot ½ Left, Shuffle Forward On Right (3oc)

**S2: Full Turn, Rock Forward, Jump Back, Step Back, Step Back, Touch,**

1234      Full Turn Right Shoulder Travelling Forward Stepping L-R, Rock Forward On Left, Recover,

&56      Small Jump Back And Hip Width Apart – Left (&) Right (5), Step Back Left, (6)

78      Step Back On Right (7), Touch Left In Front Of Right (8) (Click Fingers Of Right Hand) (3oc)

**S3: Kick & Point, Tap Forward, Side, Kick & Point, Tap Forward, Side**

1&234      Kick Left Forward, Point Right To Side, Tap Right Front, Tap Right Side

5&678      Kick Right Forward, Point Left To Side, Tap Left Front, Tap Left Side (3oc)

**S4: Sailor Step, Sailor Step, Reverse Pivot ½, Pivot ½ Turn**

1&23&4      Left Behind Right, Right To Side, Left To Side, Right Behind Left, Left To Side, Right To Side

5678      Tap Left To Back, Reverse Pivot ½ Left, Step Forward Right Pivot ½ Left (3oc)\*

**Note: 1-4 Sailor Steps Should Be Travelling Back Slightly**

**Note: Wall 4 Drop Count 7-8 Pivot Turn, Pick Up Dance Section 5 Facing Back Wall**

**S5: Walk, Kick-Ball Change, Walk, Rock Forward, Full Turn Triple (Alt Coaster)**

12&34      Walk Forward Right, Left Kick Ball Change, Walk Forward Left

567&8      Rock Forward Right, Recover, Full Turn Triple Over Right Shoulder (Alt Coaster Step)

**S6: Rock Forward, ½ Shuffle, 1/4 Pivot, Cross Shuffle**

123&4      Rock Forward On Left, Recover, ½ Turning Shuffle Over Left Shoulder

567&8      Step Forward On Right, ¼ Turn Left, Cross Shuffle With Right (6oc)

**S7: Side, Behind, & Heel & Touch & Heel & Touch, Coaster Step (Angled)**

1 2&3      Left Side, Behind, Step Back On Left Dia, Right Heel To R Dia,

&4      Step Down On Right, Touch Left Toe Behind Right Heel

&5&6      Step Back On Left, Right Heel Forward, Step Down On Right, Left Toe Behind Right Heel

7&8      Left Coaster Cross (Angled To R Dia)

**S8: Point, Turn, Point, Turn, Full Turn, Pivot 1/2**

1 2      Touch Right Toe To Right Side (6oc) Step Right Foot Forward Making ¼ Turn Right (9oc)

3 4      Make ¼ Right Point Left To Side (6oc), Step Left Foot Forward Making ¼ Turn Left (9oc)

5 6            ½ Turn Left Step Back On Right Foot, ½ Turn Left Step Forward On Left Foot  
7 8            Step Forward On Right Foot, Pivot ½ Turn Left (Weight Ends On Left Foot) (3c)

**ENJOY!!**

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