

Time After Time

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - July 2017
音樂: Time After Time (feat. Frankie Balou) (Single Mix) - LUNAZ



Start after 8 quick clock "ticks" on the word 'Lying' (2 secs) – 108 bpm – 3mins 16secs
Music available: Amazon

[1-8] R fwd wizard, L diagonal fwd shuffle, R fwd rock/recover, ½ R fwd shuffle

1-2& On right diagonal step R forward, lock L behind R, step R slightly forward
3&4 On left diagonal step L forward, step R together, step L forward
5-6 Rock R forward, recover weight on L
7&8 Turning ½ right step R forward, step L together, step R forward (6 o'clock)

[9-16] L fwd wizard, R diagonal fwd shuffle, L fwd rock/recover, ¼ L chassé

1-2& On left diagonal step L forward, lock R behind L, step L slightly forward
3&4 On right diagonal step R forward, step L together, step R forward
5-6 Rock L forward, recover weight on R
7&8 Turning ¼ left step L side, step R together, step L side (3 o'clock)

[17-24] L weave 2, R behind/side/cross, L side rock/recover, L behind side cross, R side

1-2 Cross step R over L, step L side
3&4 Cross step R behind L, step L side, cross step R over L
5-6 Rock L side, recover weight on R
7&8& Cross step L behind R, step R side, cross step L over R, step R side

[25-32] L cross hold & snap up/arms up, R side, L cross hold & snap down/arms down, R side, L cross hold & snap up/arms up, R side, L rock back & recover turning ¼ L

1-2& L cross step over, hold finger snap up arms up, step R side
3-4& L cross step behind, hold finger snap down arms down, step R side
5-6& L cross step over, hold finger snap up arms up, step R side
7-8 Rock L back, recover turning ¼ left (12 o'clock)

[33-40] L fwd, ½ L & R back, L coaster, R fwd cross, point, L fwd samba

1-2 Step L forward in extended 5th, turning ½ left step R back (6 o'clock)
3&4 Step L back, step R together, step L forward
5-6 Cross step R over L, point L side
7&8 Cross step L over R, rock R side, recover weight on L

[41-48] ¼ R jazz box into R ball cross 2X, ¾ L reverse turn, R fwd shuffle

1-2 Cross step R over L, turning ¼ right step L back
&3&4 Step R side, cross step L over R, step R side, cross step L over R
5-6 Turning ¼ left step R back, turning ½ left step L forward (12 o'clock)
7&8 Step R forward, step L together, step R forward

[49-56] L fwd, R fwd mambo, L back mambo, R fwd, ½ L sailor

1,2&3 Step L forward, rock R forward, recover weight on L, step R back
4&5 Rock L back, recover weight on R, step L forward
6 Step R forward
7&8 Turning ½ left step L behind R, step R together, step L forward (6 o'clock)

RESTARTS: WALLS 1 & 3 FACING BACK WALL

[57-64] ¼ L English cross, ¾ L reverse turn stepping R/L/R, step L tog (& count), R jazz box

&1-2 Turning ¼ left step R side, cross step L over R (3 o'clock), turning ¼ left step R back

3-4 Turning ½ left step L forward, step R forward (6 o'clock)

&5-8 Step L next to R with feet slightly apart, cross step R over L, step L back, step R side, step L forward

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Please Note: we like to check and approve all Videos of our dances before they are linked to this site.- A&P
