

I Don't Want To Talk About It (我不想再提它) (zh)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Amy Yang (TW) - 2017年08月
音樂: I Don't Want To Talk About It (feat. Amy Belle) - Rod Stewart



Intro : 16 counts. Start dancing on "tell"

Sec . 1: BACK, SWEEP/BACK(R, L, R), BACK, COASTER, FORWARD SHUFFLE, FORWARD, RECOVER L, 1/4 TURN L 1/4 TURN L STEP/SWEEP

1 Step LF back
2& 3 Sweep and step RF back, Sweep and step LF back, Sweep and step RF back
4& 5 Step LF back, Step RF beside LF, Step LF forward
6& 7 Step RF forward, Lock LF behind RF, Step RF forward
8& Step LF forward, Recover onto RF, 1/4 turn L step on LF and sweep RF form back to front (09:00)
1 左足後踏,
2& 3 右足後繞及後踏,左足後繞及後踏,右足後繞及後踏
4& 5 左足後踏,右足併踏右足旁,左足前踏
6& 7 右足前踏,左足鎖步於右足後,右足前踏
8& 1 左足前踏,重心回右足,左轉 1/4左足踏及右足前繞(09:00)

Sec . 2: CROSS, SIDE, BEHIND,BEHIND, SIDE, CROSS and MAKE 1/2 TURN R, BEHIND, SIDE, CROSS, RECOVER, SIDE, CROSS

2& 3 Cross RF over LF, Step LF to L, Cross RF behind LF and sweep LF form front to back
4& 5 Cross LF behind RF, Step RF to R, Cross LF over RF and making 1/2 turn R step on LF (03:00)
6& 7 Cross RF behind LF, Step LF to L, Cross RF over LF
8& 1 Recover onto LF, Step RF to R, Cross LF over RF
2& 3 右足交叉左足前,左足左踏,右足交叉左足後及左足後踏
4& 5 左足交叉右足後,右足右踏,左足交叉右足前及右轉 1/2 左足踏(03:00)
6& 7 右足交叉左足後,左足左踏,右足交叉左足前
8& 1 重心回左足,右足右踏,左足交叉右足前

Restart : During wall 3, after 16& counts (facing 09:00)

Sec . 3: RECOVER, SIDE, FORWARD, FORWARD SHUFFLE, FORWARD, RECOVER, 1/2 TURN R, FULL TURN R, FORWARD

2& 3 Recover onto RF, Step LF to L, Step RF forward
4& 5 Step LF forward, Lock RF behind LF, Step LF forward
6& 7 Step RF forward, Recover onto LF, 1/2 turn R step RF forward(09:00)
8& 1 1/2 turning R step LF back, 1/2 turning R step RF forward, Step LF forward(09:00)
2& 3 重心回右足,左足左踏,右足前踏
4& 5 左足前踏,右足鎖步於左足後,左足前踏
6& 7 右足前踏,重心回左足,右轉 1/2 右足前踏(09:00)
8& 1 右轉 1/2 左足後踏,右轉 1/2 右足前踏,左足前踏 (09:00)

Sec . 4: FORWARD MAMBO, BACK SHUFFLE, COASTER, FORWARD, RECOVER

2& 3 Step RF forward, Recover onto LF, Step RF back
4& 5 Step LF back, Lock LF over RF, Step LF back
6& 7 Step RF back, Step LF beside RF, Step RF forward
8& Step LF forward, Recover onto RF

2& 3 右足前踏,重心回左足,右足後踏
4& 5 左足後踏,右足鎖步於左足前,左足後踏
6& 7 右足後踏,左足併於右足旁,右足前踏
8& 左足前踏,重心回右足

Start again

Restart : During wall 3, after 16& counts (facing 09:00)

重新開始：第三面牆，跳到16&拍 (面向09:00)

Have Fun & Happy Dancing!

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