

# More Mess

COPPER KNOB  
BY SHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Vikki Morris (UK) - August 2017  
音樂: More Mess (feat. Olly Murs & Coely) - Kungs



Start: 32 counts

## S1: R Dorothy, L Dorothy, R Rock Recover L, L Heel Dig, R Toe Touch

1 2&      Step Right to Right Diagonal, Lock Left behind Right, Step Right to Right diagonal  
3 4&      Step Left to Left diagonal, Lock Right behind Left, Step Left to Left diagonal  
5 6      Straighten up to front wall as you rock forward Right, Recover on Left  
&7&8      Step back Right, Dig Left heel forward, Step Left next to Right, Touch Right toe in place  
(Right knee slightly bent across Left)

## S2: R Ball, Pivot ¼ R, L Cross Shuffle, R Side Rock, Recover L, R Sailor 3/8 R

&1 2      Step back on ball of Right, Step forward Left, Pivot ¼ turn Right (3 o clock)  
3&4      Cross Left over Right, Step Right to Right side, Cross Left over Right  
5 6      Rock Right to Right side, Recover on Left  
7&8      Sweep Right out and around 3/8 turn Right as you cross Right behind Left, Step Left to Left  
side, Step Right to Right side (7.30)

## S3: L Ball, R Rock Recover L, R Shuffle Back, 1/8 L Out L, Out R, Elvis Knees, Hitch L Out ¼ L

&1 2      Step forward on ball of Left, Rock forward on Right, Recover on Left  
3&4      Step back Right, Step Left next to Right, Step back Right  
&5      Turn 1/8 turn L as you step out Left, Step out Right (6 o clock)  
6 7 8      Bend Left Knee in, Bend Right Knee in as you straighten Left Leg, On ball on Right hitch L up  
and out as you turn ¼ turn Left (3 o clock)

## S4: L Sailor, R Sailor, Touch L back, ½ Turn L, Kick R, Touch R Back

1&2      Cross Left behind Right, Step Right to Right side, Step Left to Left side  
3&4      Cross Right behind Left, Step Left to Left side, Step Right to Right side  
5 6      Touch Left toe back, Turn ½ turn Left (9 o clock)  
7 8      Kick Right forward, Step Right toe Back

## S5: Hip Bumps R,L,R,L, R Shuffle, ½ R Shuffle

1 2      Step back on Right as you bump Right hip back, Bump Left hip forward  
3 4      Bump Right hip back, Bump Left hip forward (angle body to Right diagonal on counts 1,2,3,4)  
5&6      Step forward Right, Step Left next to Right, Step forward Right  
7&8      Turn ¼ Right stepping Left to Left side, Step Right next to Left, Turn ¼ Right stepping back  
Left (3 o clock)

## S6: Heel Lift, Back R, L Coaster, Funky Walk R, L, Step R, L Tog, Cross R

&1 2      Left both heels up, Replace weight on Left, Step back Right  
3&4      Step back Left, Step Right next to Left, Step forward Left  
5 6      Cross step Right over Left, Cross Step Left over Right  
&7 8      Step Right to Right Side, Step Left next to Right, Cross Right over Left

## S7: L Side, R Behind, L Side, Cross R, L Side, R Back Rock Recover L, R Heel Ball Cross

1 2      Step Left to Left side, Cross Right behind Left  
&3 4      Step Left to Left side, Cross Right over Left, Step Left to Left side  
5 6      Rock back Right, Recover on Left  
7&8      Dig Right heel to Right side, Step slightly back on Right, Cross Left over Right

**S8: Chasse R, ¼ L Chasse, ¼ R Chasse, ¼ L Coaster**

- 1&2 Step Right to Right side, Step Left next to Right, Step Right to Right side
- 3&4 Turn ¼ turn Left stepping Left to Left side, Step Right next to Left Step Left to Left side (12 o clock)
- 5&6 Turn ¼ turn Left stepping Right to Right side, Step Left next to Right, Step Right to Right side (9 o clock)
- 7&8 Turn ¼ turn Left stepping back Left, Step Right next to Left, Step forward Left (6 o clock)

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