Shallow Water



拍數: 48 牆數: 2 級數: Beginner

編舞者: Myra Harrold (SCO) - August 2017 音樂: Deep Water - Alisan Porter : (Single)



Starts On Vocals, 18 Counts In - No Tags Or Restarts

Sec 1: If Forward	1/2 I Raci	k R I Rack Foot	Apart.Rock R.L.R
OCC I. EI I DIWAID		NIN.L. Dack i cci	. Abait.ivek iv.E.iv

1-3 Step Lf Forward, 1/2 Turn L, Step Back Rf Then Lf (6)

4-6 Step Back/Out Rock Rf Side R,Rock Lf Side L,Rock Rf Side R (6)

Sec 2: Cross L Over R,Rock R,1/4 L,Recover On L,R Forward,1/2 R,Walk Back L,R

1-3 Cross Lf Over Rf,Rock Rf Out To R Side,1/4 Turn L,Step Lf Forward (3)

4-6 Rf Forward, 1/2 Turn R, Step Lf Back, Step Rf Back (9)

Sec 3: Lf Back,1/4 R,Side R,Touch L Toe To Rf,1/8 R,Forward L,R,1/2 L,Recover On Lf

1-3 Step Lf Back,1/4 Turn R,Big Step Rf To R Side,Bring L Toe To Touch Beside Rf (12)

4-6 1/8 Turn R,Into Diagonal,Lf Forward,Rf Forward,1/2 Turn L,Recover Forward On Lf (7)

Sec 4: Forward Rf,Lf,1/2 Turn R,Forward Rf,Press L Forward,Recover,1/8 Turn L,Step L Side

1-3 Rf Forward,Lf Forward, 1/2 Turn R,Recover On Rf Forward,Still Diagonal (1)

4-6 Press Lf Forward, Still Diagonal, Recover On Rf, 1/8 Turn L, Step Lf To L Side (12)

Sec 5: Cross R Over L, Point Lf To L, Hold, Lf Behind, 1/4 R, Step Rf, Lf Forward

1-3 Cross Rf Over Lf, Point Lf Out To L Side, Hold (12)

4-6 Step Lf Behind Rf,1/4 R,Step Rf Forward,Step Lf Forward (3)

Sec 6: Point Rf Forward, 1/4 L, Flick Rf Back, Rf Forward, Walk 1/2 Turn L

1-3 Point Rf Forward, 1/4 Turn L, Flick Rf Back, Step Rf Forward (12)

4-6 Walk Round To L, Stepping 1/4 L With Lf, 1/4 L With Rf, Step Forward On Lf (6)

Sec 7: Cross Rf Over Lf, Twinkle 1/4 R, Forward Lf, Sweep Rf 1/4 L

1-3 Cross Rf Over Lf ,Bring Lf To Rf,1/4 Turn R, Step Rf Forward (9)

4-6 Step Lf Forward, Sweep Rf Round Turning 1/4 Turn L (6)

Sec 8: Cross Rf Over Lf, Twinkle, Cross Lf Over Rf, Step R, Touch L Toe To R

1-3 Cross Rf Over Lf ,Bring Lf To Rf,Step Rf In Place (6)

4-6 Cross Lf Over Rf, Big Step To R Side, Touch L Toe To Rf. (6)

Start Again

The Music Slows Slightly Near The End, Keep Dancing, Keep Smiling.

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