

Countryholic

COPPER KNOB
BY SHEETS

拍數: 48 牆數: 3 級數: Intermediate
編舞者: Harold Grimshaw (UK) - August 2017
音樂: Countryholic - Sons of the Palomino



S1: KICK BALL CROSS (x2), SIDE ROCK, BEHIND/SIDE/CROSS

1&2, 3&4 RIGHT Kick/Ball/Cross (x2)

5-6 RIGHT side, Recover LEFT

7&8 RIGHT Behind/Side/Cross

S2: HIP PUSHES, CHASSE, CROSS ROCK

1-4 Push Hips Left, Right, Left, Right

5&6 LEFT Chasse

7-8 RIGHT Cross, Recover LEFT

*RESTART here wall 4 (9)

S3: TURN 3/4, BACK ROCK, FULL TURN FORWARD, FORWARD ROCK

1-2 Turn 3/4 RIGHT - stepping RIGHT forward (1/4 Right), LEFT back (1/2 Right)

3-4 RIGHT back, Recover LEFT forward

5-6 FULL Turn forward - stepping RIGHT, LEFT (Option - Walk forward RIGHT, LEFT)

7-8 RIGHT forward, Recover LEFT back

S4: COASTER BACK, FORWARD, HOLD, & FORWARD, HOLD, & FORWARD, HOLD

1&2 RIGHT Back/together/forward

3-4 LEFT forward, Hold

&5,6 RIGHT together (&), LEFT forward, Hold

&7,8 RIGHT together (&), LEFT forward, Hold *RESTART here wall 1 (9)

S5: MONTEREY 1/4 , HEEL SWITCHES, HOLD

1-2 Touch RIGHT to Right, Pivoting 1/4 Right - Step RIGHT together

3-4 Touch LEFT to Left, Step Left together

5&6&7-8 Heel switches forward RIGHT, LEFT, RIGHT, HOLD

S6: CROSS, SLOW 1/2 TURN, JAZZ BOX CROSS

1-4 RIGHT cross, Slowly pivot 1 / 2 LEFT over 3 counts (weight transfers to LEFT)

5-8 RIGHT cross, LEFT back, RIGHT side, Cross LEFT
