Turn up The Radio (Subeme La Radio)



拍數: 32 牆數: 4 級數: Low Improver

編舞者: Tom Inge Soenju (NOR) - August 2017

音樂: SÚBEME LA RADIO (REMIX) (feat. Sean Paul & Matt Terry) - Enrique Iglesias



Music Available: on iTunes, Google Play and Amazon.

Intro: 16 counts.

Sequence: Repeating sequence.

Tag/Restart: 1 restart after 16 counts on wall 3, no tags.

End: Dance as normal till music ends.

Section 1: R/L F Point-Together x2, F Point- 1/2 R Turn & Sweep, L/R F Point-Together x2, F Point- 1/2 L Turn & Sweep

1 &	Point the toes of your Right foot in front (1) and step your Right foot next to Left foot (&)
2 &	Point the toes of your Left foot in front (2) and step your Left foot next to your Right foot (&)
3 &	Point the toes of your Right foot in front (3) and turn a quarter to your right (3:00) while sweeping your Right foot from front to back (&)
4	Step Right foot down behind Left foot
5 &	Point the toes of your Left foot in front (5) and step your Left foot next to your Right foot (&)
6 &	Point the toes of your Right foot in front (6) and step your Right foot next to Left foot (&)
7	Point the toes of your Left foot in front
& 8	Make a half turn to your left (9:00) while sweeping your Left foot from front to back

Section 2: Anchor step x2 (L/R), Side-Mambo x2 (L/R)

1 &	Step ball of your Left foot down behind Right foot (1) and step Right foot in place (&)	
2	Step Left foot down in place	
3 &	Step ball of your Right foot behind Left foot (3) and step Left foot in place (&)	
4	Step Right foot down in place	
5 &	Step ball of your Left foot to left side (5) and recover weight onto Right foot (&)	
6	Step Left foot next to Right foot	
7 &	Step ball of your Right foot to right side (5) and recover weight onto Left foot (&)	
8	Step Right foot next to Left foot	
(Restart here on 3rd wall)		

(Restart here on 3rd wall)

Section 3: L Chassé - 1/2 L Turn - R Chassé, B Rock-Recover, L Chassé, B Rock-Recover

1 &	Step Left foot to left side (1) and step ball of your Right foot next to Left foot (&)
2	Step Left foot to left side
3 &	Half turn to your left (3:00) stepping Right foot to right side (3) and step ball of your Left foot next to your Right foot
4	Step Right foot to right side
5 &	Step ball of your Left foot behind Right foot (5) and recover weight onto your Right foot (&)
6 &	Step Left foot to left side (6) and step ball of your Right foot next to Left foot (&)
7	Step Left foot to left side
8 &	Step ball of your Right foot behind Left foot (8) and recover weight onto your Left foot (&)

Section 4: R SII	de, ½ Sallor Cross-Cross Snume, Sync. Samba Cross x2 (R/L), R Back-Drag-Together
1	Slide Right foot to right side
2 &	Quarter turn to your left (12:00) while sweeping Left foot behind Right foot and step down (2) and quarter turn to your left (9:00) stepping your Right foot to right side (&)
3 &	Cross left foot over Right foot (3) and step ball of your Right foot behind Left foot (&)
4	Cross Left foot over Right foot

& 5	Step the ball of your Right foot to right side (&) and recover your weight onto your Left foot (5)
& 6	Cross Right foot over Left foot (&) and step the ball of your Left foot to left side (6)
& 7	Recover weight onto your Right foot (&) and cross Left foot over Right foot (7)
8 &	Take a long step back with your Right foot while dragging the heel of your Left foot towards
	Right foot (8) and step Left foot next to your Right foot (&)

Start again and enjoy! Happy Dancing!

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