Wave Your Flag



拍數: 128 牆數: 1 級數: Phrased Beginner / Novice

編舞者: Steffie ROBERT (FR) - July 2017

音樂: Wave Your Flag (feat. Luis Fonsi) - Afrojack



Intro: 32 counts - Starts with vocals

Sequence: A - B - C - A - B - C - B

Part A - Starts and ends facing 12:00

A [1-8] STEP R & L, SIDE STEP R. STEP L & R, SIDE STEP L, R STEP BW, BW L MAMBO, RIGHT STEP

FW

1&2 Step R beside L, Step L beside R, Step R to Right side
3&4 Step L beside R, Step R beside L, Step L to Left side

5-6& Step back R, Rock L behind R, Recover on R

7-8 Step L lightly forward (end of mambo), Step R forward

A [9-16] L FW MAMBO, R BW MAMBO, PIVOT ½ TURN RIGHT, L TRIPLE STEP FW

1&2 L Mambo Forward3&4 R Mambo backward

5-6 Step L forward, ½ turn R (W on R) 6:00

7&8 L Triple step forward

A [17-24] REPEAT [1-8]

A [25-32] REPEAT [9-16] 12:00

A [33-40] FW & BW R POINT, R TRIPLE STEP FW, FW & BW L POINT, L TRIPLE STEP FW

1-2 Point RF forward, Point RF behind
3&4 R Triple Step forward (R, L, R)
5-6 Point LF Forward, Point LF behind
7&8 L Triple Step forward (L, R, L)

A [41-48] PIVOT ½ TURN L, R TRIPLE STEP FW, L STEP TO L, SWAY (HIPS), TOUCH

1-2 Step R forward. ½ turn L (W on L) 6:00

3&4 R Triple Step forward (R, L, R)

5-6 Step L to Left side with L hip bump, Sway to the R with R Hip bump 7-8 Sway to the L with L Hip bump, Touch R beside LF (together)

A [49-56] REPEAT [33-40]

A [57-64] REPEAT [41-48] 12:00

Partie B – Starts and ends facing 12:00

B [1-8] R WHISK (= BASIC SAMBA R), L WHISK, VOLTA TURN TO RIGHT

1&2 (1a2) R Whisk (= Step R to R side, small L Rock behind RF, Recover on R)

3&4 (3a4) L Whisk

5&6&7&8 Make a full turn over R drawing a small circle on the floor and stepping R forward, L Lock, R

forward, L Lock, R Forward, L Lock, R Forward 12:00

Option on counts 1 to 4: wave right arm above the head to the R and L following the rhythm of the Whisks as if you were holding a flag.

B [9-16] LEFT V STEP, R TOUCH, RIGHT V STEP, L TOUCH

1-2	Step L forward in the diagonal, Step R to R side
3-4	Step L behind in the centre, Touch R beside L (together)
5-6	Step R forward in the diagonal, Step L to L side
7-8	Step R behind in the centre, Touch L beside R (together)

B [17-24] REPEAT B [1-8] on the opposite side beginning with LEFT Whisk Option on counts 1 to 4: wave right arm above the head to the L and R following the rhythm of the Whisks as if you were holding a flag.

B [25-32] REPEAT B [9-16] on the opposite side beginning with RIGHT V STEP

Partie C – Starts and ends facing 12:00

C [1-8] RIGHT (ROLLING) VINE, TOUCH, L STEP, TOUCH, R STEP, TOUCH With CLAPS

1-4 Vine to the R (ou rolling Vine), Touch L beside R (together)

5-6 Step L to Left side, Touch R behind LF (with Clap down to left side at waist level)
7-8 Step R to R side, Touch L in front of RF (with Clap up to the R at head level)

C [9-16] LEFT (ROLLING) VINE, TOUCH, R STEP, TOUCH, L STEP, TOUCH With CLAPS

1-4 Vine to the L (ou rolling Vine), Touch R beside L (together)

5-6 Step R to R side, Touch L in front of RF (with Clap up to the R at head level)
7-8 Step L to Left side, Touch R behind LF (with Clap down to left side at waist level)

C [17-24] & C [25-32] - REPEAT C |1 to 16]

Final: At the end of the last part B, Step R to R side and end the dance with the 2 arms spread in front of you

REPEAT avec le

Convention:

R = Right || L = Left || W : weight

RF = Right Foot || LF = Left Foot || H : Hand

CCW = ClockWise

Steffie ROBERT: iamsteffie3@yahoo.fr