

Anii Mei

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Penny Tan (MY) & Flora Lau (MY) - August 2017
音樂: Anii Mei - MIRA



Section 1: Rock, Recover, triple step, Side, Recover, behind, side, forward

1 2 3 & 4 Rock R Forward, Recover on L, R beside L, recover on L, recover on R
5 6 7 & 8 Rock L to L side, Recover on R, L behind R, R to R side, Forward on L

Section 2: Forward, ½ L Forward, ½ L Back Cha Cha, Rock back, Recover, Forward Cha Cha

1 2 3 & 4 Forward on R, ½ turn to L stepping L forward, ½ turn to L stepping back on R, L beside R, back on R
5 6 7 & 8 Rock back on L, Recover on R, Forward on L, R beside L, L forward

Section 3: Cross, Touch, Cross Samba (2x)

1 2 3 & 4 Cross R over L, Touch L to L side, Cross L over R, R to R side, Recover on L
5 6 7 & 8 Repeat above

Section 4: Lock Step forward, Pivot ½ turn to L, R behind L, Lock Step forward, forward, pivot ½ turn to L

1 & 2 3 4 Step R forward, L behind R, R forward, ½ to L recovering on L, R behind L
5 & 6 7 8 Step L forward, R behind L, L forward, R forward, ½ turn to L recovering on L

Section 5: Weave L, ¼ turn R, Rock back, Recover, Forward Cha Cha

1 & 2 & 3 4 Cross R over L, L to L side, Cross R behind L, L to L side, Cross R over L, ¼ turn to R stepping back on L
5 6 7 & 8 Rock back on R, Recover on L, Forward on R, L beside R, R forward.

Section 6: Cross Cha Cha, Side, Recover (2 x)

1 & 2 3 4 Cross L over R, R to R side, L over R, R to R side, Recover on L
5 & 6 7 8 Cross R over L, L to L side, R over L, L to L side, Recover on R

Section 7: Cross, Side, 1/4 Turn L with a Coaster Step, Cross Samba, Cross Samba

1-2 3 & 4 Cross / step L over R, step R to R, ¼ turn to L stepping L back, R beside L, L forward.
5 & 6 Cross R over L, L to L side, Recover on R
7 & 8 Cross L over R, R to R side, Recover on L

Section 8: Cross, Spiral ½ turn L, Rocking Chair

1 2 3 4 Cross R over L (touching R to beside L), Hold, make ½ spiral turn to L
5 6 7 8 Rock R forward, Recover on L, Rock R back, Recover on L

Restart: On wall 3 (12 O'clock) Do 32 Counts (Sections 1 – 4)

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