

# Beginner Contra - Beginner Stroll

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 0      級數: Beginner Contra  
編舞者: Violet Ray (USA) & Narelle Phillips (AUS) - August 2017  
音樂: San Antonio Stroll - Tanya Tucker



Set up dancers into two equal lines facing each other about 2 metres apart.  
One line facing 9.00 wall and one line facing 3.00 wall.

Intro: 16 Counts from Heavy Beat.

## VINE RIGHT, HEEL HOOK (2X)

1-2            Step right foot to right side, left foot behind right foot  
3-4            Step right foot to right side, tap left foot next to right foot  
5-6            Left heel forward (45 degrees left), left foot hook across shin of right foot  
7-8            Left heel forward (45 degrees left), left foot hook across shin of right foot

## VINE LEFT, HEEL HOOK (2X)

1-2            Step left foot to left side, right foot behind left foot  
3-4            Step left foot to left side, tap right foot next to left foot  
5-6            Right heel forward (45 degrees right), right foot hook across shin of left foot  
7-8            Right heel forward (45 degrees right), right foot hook across shin of left foot

## FORWARD LOCK STEPS (The line of Dancers will walk past each other in the forward lock steps)

1-2            Step right foot forward (45 degrees right), cross left foot behind right foot  
3-4            Step right foot forward (45 degrees right), tap left foot next to right foot  
5-6            Step left foot forward (45 degrees left), cross right foot behind left foot  
7-8            Step left foot forward (45 degrees left), tap right foot next to left foot

## STEP POINT BACKING UP

1-2            Step right foot back, point left toe to left side  
3-4            Step left foot back, point right toe to right side  
5-6            Step right foot back, point left toe to left side  
7-8            Step left foot back, point right toe to right side

## REPEAT

My Beginner Linedancers loved this dance as a Contra. Cheers Narelle  
Contact: narellep15@gmail.com