Talkin Bout Lit



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Curtis Smith (USA) - July 2017

音樂: Lit - Trace Adkins: (Album: Somethings Going On)



Credit: Inspired By Chreography By Severine Fillion For "Let's Get Lit" (Lgl)

Start on lyrics 32 cts after short music interlude

HEEL- HOOK-TRIPLE, HEEL-HOOK-TRIPLE

1&2 Touch R Heel Forward, Hook R In Front Of L, Touch R Heel Forward

3&4 Triple Forward R-L-R

5&6 Touch L Heel Forward Hook In Front Of R, Touch L Heel Forward

7&8 Triple Forward L-R-L

WALK, WALK, STEP OUT, OUT, STEP FORWARD, ROCK RECOVER 1/4 TURN LEFT, TOUCH

1-2 Walk Forward R-L

&3-4 Step R Out To Right, Step L Out To Left, Step R Forward

5-6 Rock Forward On L, Recover On R

7-8 Step L To Left Making 1/4 Turn To The Left, Touch R Next To L

STEP LOCK-STEP TOUCH, STEP LOCK -STEP TOUCH

1-2 3-4 Step R Forward, Step (Lock) L Behind R, Step R Forward, Touch L Next To R
5-6-7-8 Step L Forward, Step (Lock) R Behind L, Step L Forward, Touch R Next To L

SIDE BEHIND SIDECROSS, SIDE, SIDE BEHIND SIDE CROSS, SIDE

1-2 Step R To Right, Step L Behind R,

&3-4 Step R To Side (&) Cross L In Front Of R(3) Step On R To Right Side (4)

5-6 Step L To Left, Step R Behind L

&7-8 Step L To Left Side (&), Cross Step R In Front Of L (7), Step L To Left (8)

REPEAT

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