Losing My Head

拍數: 32	牆數: 4	級數: Intermediate

編舞者: Joran van der Noll (NL) - August 2017

音樂: Losing My Head - Krystl

Starts after 0 counts

[1 – 8] ½ L, Sweep, Behind-Side-Cross, Sweep, Cross, Side, Touch Behind, Unwind ¾ R, ¼ R, Cross- Side-Behind, 1/8 R, Side

1	Step R fwd. making ½ turn L and sweep L backward (1) [06.00]
2&3	Step L behind R (2), step R to side (&), step L across sweeping R fwd.(3) [06.00]
4&	Step R across (4), step L to side (&)
5&	Touch R behind L (5), ¾ R placing weight on R (&) [03.00]
6&	Step L fwd. (6) ¼ R and weight to R (&) [06.00]
7&8&	Step L across (7), step R to side (&), step L behind R (8), 1/8 R stepping R to side (&) [07.30]

[9 – 16] Rock Fwd., Recover, Together, Rock Back, Recover, Full Turn L, ½ Hitch Turn L, Lock Step, Rock Fwd., 1/8 L Recover

1	Rock L fwd. (1) [07.30]
2&3	Recover to R (2), step L next to R (&), rock R back (3) [07.30]
4&5	Recover to L (4), ½ R stepping R back (&), ½ R stepping L fwd. (5) [07.30]
&	½ R hitching R knee (&) [01.30]
6&7	Step R fwd. (6), lock L behind R (&), step R fwd. (&) [01.30]
8&	Rock L fwd. (8), 1/8 L recovering to R (&) [12.00]

[17 – 24] Side, Sweep, Cross-Behind-Side, Sweep, Cross-Behind, ¼ L, Sep Fwd., Kick Fwd., Walk Back, Side Rock, 1/8 R, Step Fwd.

1	Step L to side and sweep R fwd. (1) [12.00]
2&3	Step R across (2), step L back (&), step R to side and sweep L fwd. (3) [12.00]
4&5	Step L across (4), step R back (7), ¼ L stepping L fwd. and kick R fwd. (5) [09.00]
6&7	Step R back (6), step L back (&), step R back (7) [09.00]
8&	Rock L to side (8), 1/8 R recovering to R (&) [10.30]

[25 – 32] Rock Fwd., Recover, Step Back, Walk Back, 1/8 L, Side Rock With Sway, Recover, Step L Behind R, Side Rock With Sway, Recover, Touch

1	Step L fwd. (1) [10.30]
2&3	Rock R fwd. (2), recover to L (&), step R back (3) [10.30]
4&5	Step L back (4), step R back (&), 1/8 L rocking L to side with sway (5) [09.00]
6&7	Recover to R (6), step L behind R (&), rock R to side with sway (7) [09.00]
8&	Recover to L (8), touch R next to R (&) [09.00]

Tag+Restart:

Dance wall 4 up to count 31 (count 7 of 4th section) and add:

1 – 3&	Step L to side with sway (1), sway R (2), sway L (3), touch R next to L (&)

And begin again.

Tag+ Restart:

Dance wall 5 up to count 28 (count 4 of 4th section) and add:

&	1/8 turn L touching R next to L

And begin again.

Questions: time2linedance@gmail.com