The Sun Girl

1-2-3-4

5-6-7-8

1-2

3-4

1-2

3-4

5-6

7-8

1-2 3-4

5-6

7-8

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1-2

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1-2 3-4

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7-8



拍數: 140 牆數: 1 級數: Phrased Advanced 編舞者: Adriano Castagnoli (IT) - August 2017 音樂: Sun Drop Girl - Mockingbird Sun: (Album: EP The Muscle Shoals - 2011) Sequence: AB Tag1 ABB Tag2 B*B PART A: 76 counts (the first 12 count are with the beginning of the voice, without the music) *[AS1] STRIDE BACK, SLIDE, STOMP LEFT, 3 HOLD Long Step Back On Right, Slide Back Left Until Right Foot in 3 count Stomp Left Forward, Hold, Hold, Hold *[AS2] HOOK RIGHT COMBINATION AND FLICK UP BACK Touch Right Heel Forward, Hook Right Over Left Touch Right Heel Forward, Flick Up Back Right [AS3] LOCK FORWARD RIGHT, TOGETHER, SCISSOR LEFT, SCUFF Step Right Forward, Lock Left Behind Right Step Right Forward, Step Left Beside Right Step Left Diagonally Back To Left, Step Right Beside Left Cross Left Over Right, Scuff Right Beside Left [AS4] WEAVE RIGHT, TURN 1/4 RIGHT AND ROCK FORWARD, STEP BACK, HOLD Step Right To Right Side, Cross Left Behind Right Step Right Diagonally Back To Right, Cross Left Over Right Turn 1/4 Right And Rock Forward On Right, Return Onto Left (03:00) Step Right Back, Hold [AS5] COASTER STEP LEFT, SCUFF, TURN 1/4 LEFT, STOMP UP, LEFT SIDE, SCUFF Step Left Back, Step Right Beside Left Step Left Forward, Scuff Right Beside Left Turn 1/4 Left And Step Right To Right Side, Stomp Up Left Beside Right (12:00) Step Left To Left Side, Scuff Right Beside Left [AS6] VAUDEVILLE LEFT, TOUCH TOE, 2 KICKS, ROCK BACK RIGHT Cross Right Over Left, Step Left Diagonally Back To Left Touch Right Heel Diagonally Forward To Right, Touch Right Toe Back Kick Right Forward (Twice) Jumping Rock Back On Right, Return Onto Left [AS7] STOMP RIGHT (TWICE), HEEL SWIVELS, POINT RIGHT, BACK, KICK, STOMP Stomp Up Right Beside Left, Stomp Right Forward Swivel Both Heels To Right Side, Return Both Heel To Centre Point Right Toe To Right Side, Step Right Back Kick Left Forward, Stomp Left A Little Forward [AS8] SWIVEL FEET (LEFT, RIGHT), APPLE JACKS (RIGHT, LEFT) Swivel Left Foot To Left Side (Toe, Heel) Swivel Right Foot To Left Side (Heel, Toe)

Apple Jacks To Right Side Opening Toes, Return To Centre Closing Toes

Apple Jacks To Left Side Opening Toes, Return To Centre Closing Toes

[AS9] SCISSOR LEFT, SCUFF, ROCKING CHAIR FORWARD RIGHT

1-2 3-4	Step Left Diagonally Back To Left, Step Right Beside Left Cross Left Over Right, Scuff Right Beside Left
5- 4 5-6	Rock Forward On Right, Return Onto Left
7-8	Rock Back On Right, Return Onto Left
7 0	Nock Back on right, Neturn onto Left
[AS10] PIVO	OT 1/2 LEFT (TWICE), ROCK BACK LEFT, STOMP LEFT (TWICE) Step Right Forward, Pivot 1/2 Turn Left (06:00)
3-4	Repeat 1-2 (12:00)
5-6	Jumping Rock Back On Left And Kick Right Forward, Return Onto Right
7-8	Stomp Up Left Beside Right, Stomp Left Forward
PART B: 64	counts
	, CROSS, KICKS (RIGHT, LEFT), CROSS, KICK, CROSS, KICK
1-2	Kick Right Forward, Jumping Cross Right Over Left
3-4	Jump Back On Left And Kick Right Forward, Change And Kick Left Forward
5-6	Cross Left Over Right, Jump Back On Right And Kick Left Forward
7-8	Repeat 5-6
[BS2] ROCK	K BACK LEFT, JUMPING FULL TURN RIGHT WITH KICKS AND FLICK UP BACK, JUMPING
1-2	Jumping Rock Back On Left, Return Onto Right (Weight On It)
3-4	Jumping Kick Left Forward, Turn 1/2 Right Jump On Left And Flick Up Back Right (06:00)
5-6	Turn 1/2 Right And Kick Right Forward, Jump On Right On Place & Flick Up Back Left (12:00)
7-8	Jump Landing Feet Apart Outside, Return Both Feet To Centre
[BS3] JUMP FORWARD	P IN DIAGONAL, FLICK UP BACK, ROCK BACK LEFT, STOMP LEFT (TWICE), POINT RIGHT
1-2	Jump Landing Feet Apart In Diagonally (Shoulders To Right), Return To Centre Jumping O Right And Flick Up Back Left
3-4	Jumping Rock Back On Left And Kick Right Forward, Return Onto Right
5-6	Stomp Up Left Beside Right, Stomp Left Forward
7-8	Point Right Toe To Right Side, Step Right Forward
[BS4] KICK,	, STOMP UP, KICK SIDE, STOMP UP, SCISSOR LEFT, SCUFF
1-2	Kick Left Forward, Stomp Up Left Beside Right
3-4	Kick Left To Left Side, Stomp Up Left Beside Right
5-6	Step Left Diagonally Back To Left, Step Right Beside Left
7-8	Cross Left Over Right, Scuff Right Beside Left
[BS5] RIGH	T SIDE, STOMP UP, LEFT SIDE, SCUFF, ROCKING CHAIR FORWARD RIGHT
1-2	Step Right To Right Side, Stomp Up Left Beside Right
3-4	Step Left To Left Side, Scuff Right Beside Left
5-6	Rock Forward On Right, Return Onto Left
7-8	Rock Back On Right, Return Onto Left
[BS6] FULL	TURN LEFT FORWARD WITH TOES STRUT, ROCK HEEL FORWARD, STRIDE, SLIDE
1-2	Turn 1/2 Left And Touch Right Toe Back, Drop Toe Taking Weight (06:00)
3-4	Turn 1/2 Left And Touch Left Toe Forward, Drop Toe Taking Weight (12:00)
5-6	Rock Forward On Right Heel, Return Onto Left
7-8	Long Step Right Back, Slide Back Left Until Right Foot
[BS7] STOM	MP LEFT (TWICE), APPLE JACKS (LEFT, RIGHT), STOMP UP, SCUFF
1-2	Stomp Left Beside Right (Twice)
3-4	Apple Jacks To Left Side Opening Toes, Return To Centre Closing Toes

5-6	Apple Jacks To Right Side Opening Toes, Return To Centre Closing Toes	
7-8	Stomp Up Right Beside Left, Scuff Right Beside Left	
FROM ORANGAMIE DIGUT, DOINT LEET, DOLLING GUILL TURNILEET, OTOMB		
	VINE RIGHT, POINT LEFT, ROLLING FULL TURN LEFT, STOMP	
1-2	Step Right To Right Side, Cross Left Behind Right	
3-4	Step Right To Right Side, Point Left Toe To Left Side	
5-6	Step Left 1/4 Turn Left, On Ball Of Left Make 1/2 Turn Left Stepping Back Right (03:00)	
7-8	Turn 1/4 Left On Right And Stepping Left To Left Side, Stomp Up Right Beside Left (12:00)	
TAG 1: after first part B		
	BOOGIE RIGHT, HEEL SWITCHES RIGHT	
1-2	Swivel Right Foot To Right Side (Toe, Heel)	
3-4	Swivel Right Foot To Left Side (Heel, Toe)	
5-6	Touch Right Heel Forward, Step Right Beside Left	
7-8	Touch Left Heel Forward, Step Left Beside Right	
-	3	
T1S2: DAGON	IAL STEPS WITH STOMP UP, ROCK BACK RIGHT, STOMP, HOLD	
1-2	Step Right Diagonally Forward To Right, Stomp Up Left Beside Right	
3-4	Step Left Diagonally Back To Left, Stomp Up Right Beside Left	
5-6	Jumping Rock Back On Right And Kick Left Forward, Return Onto Left	
7-8	Stomp Right Beside Left, Hold	
TAO 0 - 6 - 6	ad a set D (* After the stee O steet a set of D from 5th as arrange)	
TAG 2: after 3rd part B (* After the tag 2 start again part B from 5th sequence)		
	STRUT FORWARD (RIGHT, LEFT, RIGHT, LEFT)	
1-2	Step Forward On Right Toe, Drop Heel Taking Weight	
3-4	Step Forward On Left Toe, Drop Heel Taking Weight	
5-6	Repeat 1-2	
7-8	Repeat 3-4	
T2S2: STRIDE, SLIDE, STOMP LEFT (TWICE), SWIVEL LEFT FOOT (TOE, HEEL, TOE), STOMP UP		
1-2	Long Step Right To Right Side, Slide Left To Right Side Until Right Foot	
3-4	Stomp Left Beside Right (Twice)	
5-6	Swivel Left Foot To Left Side (Toe, Heel)	
7-8	Swivel Left Toe To Left Side, Stomp Up Right Beside Left	
	STRUT BACK (RIGHT, LEFT, RIGHT, LEFT)	
1-2	Step Back On Right Toe, Drop Heel Taking Weight	
3-4	Step Back On Left Toe, Drop Heel Taking Weight	
5-6	Repeat 1-2	
7-8	Repeat 3-4	
T2S4: ROCK BACK RIGHT, STOMP RIGHT (TWICE), PIVOT 1/2 LEFT (TWICE)		
1-2	Jumping Rock Back On Right And Kick Left Forward, Return Onto Left	
3-4	Stomp Left Beside Right (Twice)	
5-6	Step Right Forward, Pivot 1/2 Turn Left (06:00)	
7-8	Repeat 5-6 (12:00)	
1-0	Nepeat 3-0 (12.00)	