

A Runaway Train

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: A.A.J.D (UK) - August 2017
音樂: Runaway Train - Cam



Start on the word 'KNEW'

Side Rock, Behind, Side, Cross, x2.

- 1, 2 Rock right to right side, recover onto left.
- 3 & 4 Step right behind left, step left to left side, cross right over left.
- 5, 6 Rock left to left side, recover onto right.
- 7 & 8 Step left behind right, step right to right side, cross left over right.

(Turn option for counts 3 & 4 and 7 & 8: full triple turn)

Jump Kick, Step, Shuffle, Rock, ¼ Shuffle.

- & 1, 2 Jump back onto right kicking left forward, recover onto left.
- 3 & 4 Step forward right, step left next to right, step forward right.
- 5, 6 Rock forward left, recover onto right.
- 7 & 8 ¼ turn left stepping left to left side, step right next to left, step left to left side.

Cross, ¼, ¼ Shuffle, Cross, Side, Sailor Kick.

- 1, 2 Cross right over left, ¼ turn right stepping back on left.
- 3 & 4 ¼ turn right stepping forward right, step left next to right, step right to right side.
- 5, 6 Cross left over right, step right to right side.
- 7 & 8 Step left behind right, step right to right side, kick left diagonally forward.

Ball, Cross, Side, Back Rock, Side, Hold, & Side, Together.

- & 1, 2 Step ball of left to left side, cross right over left, step left to left side.
- 3, 4 Rock back on right, recover onto left.
- 5, 6 Step right to right side, hold.
- & 7, 8 Step left next to right, step right to right side, step left next to right.

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