

Bop-Ting-A-Ling

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate / Advanced slow jive
編舞者: Lilian Lo (HK) - August 2017
音樂: Bop-Ting-A-Ling - LaVern Baker : (Album: Soul On Fire, The Best of LaVern Baker - iTunes)



Count in: 16 counts (0.07mins.)

(1 – 8) Kick, side, kick, side, kick x 2, cross behind

1 2 3 4 LF cross kick (1), LF step to side (2), RF cross kick (3), RF step to side (4)

5 6 7 8 LF cross kick (5), LF side kick (6), LF cross behind (7), hold (8) @12:00

(9 – 16) Side, behind, side, ¾ L, tap, ball change

1 2 3 4 RF step to side (1), hold (2), LF cross behind (3), hold (4)

5 6 7&8 ¾ turn L on RF, LF tap next to RF (5), hold (6,7), LF step on ball next to RF (&), RF step fwd (8) @3:00

(17 – 24) Jazz box, step, ¼ R

1 2 3 4 LF cross over RF (1), hold (2), RF step back (3), hold (4)

5 6 7 8 LF step diagonally back (5), RF cross over LF (6), LF step fwd (7), ¼ turn R (8) @6:00

(25 – 32) tap, ball, cross, side, ½ R, side, drag, tap

1&2 3 4 R heel tap in front (1), RF close next to LF (&), LF cross over RF (2) RF step to side, upper body turn to L to prepare for R turn (3), ½ turn R (4) @12:00

5 6 7 8 RF big step to side (5), drag LF to RF (6,7), LF tap next to RF (8) @12:00

(33 - 40) Kick x 2, close, tap, kick x 2, close, tap

1 2&3 4 LF cross kick x 2 (1,2), LF close next to RF (&), RF point to side (3), hold (4)

5 6&7 8 RF cross kick x 2 (5,6), RF close next to LF(&), LF point to side (7), hold (8)

(41 – 48) Sailor step x 2, ¼ L, tap, ball change

1&2 3&4& LF cross behind (1), RF step to side (&), LF step to L diagonal fwd (2), RF cross behind (3), LF step to side (&), RF step to R diagonal fwd (4), ¼ turn L on RF (&) @9:00

5 6 7&8 LF tap next to RF (5), hold (6,7), LF step on ball next to RF (&), RF step fwd (8)

(49 – 56) Shuffle, ¼ L, chasse, kick, side, kick, ¼ R, step

1&2&3&4 LF step fwd (1), RF close next to LF (&), LF step fwd (2), ¼ turn L (&), RF step to side (3), LF close next to RF (&), RF step to side (4) @ 6:00

5 6 7&8 LF cross kick (5), LF step to side (6), RF cross kick (7), ¼ turn R (&), RF step fwd (8) @ 9:00

(57 – 64) Step, ¾ R, cross behind, unwind full turn

1&2 3 4 LF step fwd (1), ½ turn R (&), RF step in place (2), ¼ turn R and LF to side (3), hold (4) @ 6:00

5 6 7 8 RF cross behind LF (5), hold (6), unwind full turn R ending with weight on RF (7, 8) @6:00

Option for the last count 5 – 8:

5-8 RF cross behind LF (5), LF step to side (6), RF cross in front (7), LF tap next to RF (8)

Have fun!

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