拍數： 32

級數：Intermediate
編舞者：Jaszmine Tan（MY）－August 2017
音樂： 4 minutes by Madonna


Intro ： 16 count from＂Break down come on．．．．＂
Sec1 $\square$ ：Kick ball step，Press R forward，Low kick R，Behind side cross，L rock cross
1 \＆ $2 \quad$ Kick $R$ forward，step $R$ next to $L$ ，step on $L$
3－4 Press $R$ diagonal forward，recover on $L$ with a low $R$ kick［1．30］
［Pop $R$ shoulder to $R$ as you press then pop $L$ shoulder as you kick $R$ ］
5 \＆ $6 \quad$ Step $R$ behind $L$ ，step $L$ to $L$ ，cross $R$ over $L$
7 \＆ $8 \quad$ Rock $L$ to $L$ ，recover on $R$ ，cross $L$ over $R$
Sec 2■：Step R diagonal，Touch L，Step L diagonal，Touch R，Touch R to R，Step R diagonal，Rock L behind $R$ ，recover，Touch $R$ behind $1 / 2$ turn $R$
1 \＆Step $R$ diagonal to $R$ ，touch $L$ next to $R \square$［1．30］
2 \＆Step $L$ diagonal to $L$ ，touch $R$ next to $L \square$［10．30］
3 \＆ $4 \quad$ Touch $R$ diagonal to $R$ ，touch $R$ next to $L$ ，step $R$ diagonal to $R \square \square[1.30]$
5 \＆ $6 \quad$ Rock $L$ behind $R$ ，recover on $R$ ，step $L$ to $L \square$［square back to 12］
7－8 Touch $R$ to the back， $1 / 2$ turning $R$ end weight on $R$ by stepping on $R \square[6]$
Sec $3 \square: L$ Kick and touch，R Kick and touch，L Rock forward recover，L Coaster step
1 \＆ $2 \quad$ Kick $L$ forward，step $L$ next to $R$ ，Touch $R$ to $R$
3 \＆ $4 \quad$ Kick $R$ forward，step $R$ next to $L$ ，Touch $L$ to $L$
5－6 Rock L forward，recover on $R$
7 \＆ 8 Step $L$ behind $R$ ，step $R$ next to $L$ ，step $L$ forward
Sec 4■：Heel Switch，Step forward，Applejack
1 \＆Step $R$ heel forward，step $R$ next to $L$
2 \＆Step $L$ heel forward，step $L$ next to $R$
3－4 Big step $R$ forward，bring $L$ to $R$（body push forward，feet slightly apart）
$5 \quad$ Weight on $R$ toe $\& L$ ball，turn $R$ heel in，$L$ toes out
\＆Turn both feet back to center
$6 \quad$ Weight on $L$ toe \＆$R$ ball，turn $L$ heel in，$R$ toes out
\＆Turn both feet back to center
$7 \quad$ Weight on $R$ toe \＆$L$ ball，turn $L$ heel in，$L$ toes out
\＆Turn both feet back to center
$8 \quad$ Weight on $L$ toe \＆$R$ ball，turn $R$ heel in，$R$ toes out
\＆Turn both feet back to center
（Easy option for count 5\＆6\＆7\＆8\＆：Toe Heel Swivel－swivel to R，L，R，L，R，L R back to center）
Contact Email ：jaszdanze＠gmail．com $\square$－01st Aug 2017

