

Mon Amour EZ

拍數: 32 牆數: 4 級數: High Beginner
編舞者: mBah Wir (INA) - August 2017
音樂: Mon amour - Havana



Intro 16 Count

S1: SIDE, TOGETHER, SIDE, TOGETHER, CROSS OVER, SIDE, TOGETHER, LEFT CHASSE WITH ¼ LEFT

1-3&4 Step R to side, Step L next to R, Step R to side, Step L next to R, Cross R over L
5-7&8 Step L to side, Step R next to L, Step L to side, Step R next to L, Make ¼ turn L step L forward

S2: MAMBO (FORWARD, BACKWARD), BACKWARD LOCK SHUFFLE

1&2 Rock R forward, Recover on L, Step R back
3&4 Rock L back, Recover on R, Step L forward
5&6 Step R back, Cross L over, Step R back
7&8 Step L back, Cross R over L, Step L back

Restart here on wall 5

S3: (FORWARD, BACK ROCK, RECOVER)X2, LEFT CROSS SHUFFLE, SIDE ROCK, RECOVER, TOGETHER

1&2 Step R forward, Rock L back, Recover on R
3&4 Step L forward, Rock R back, Recover on L
5&6 Cross R over L, Step L to side, Cross R over L
7&8 Rock L to side, Recover on R, Step L next to R

S4: CROSS ROCK, RECOVER, SIDE, CROSS OVER, SIDE, BACK, CROSS BEHIND, SIDE, CROSS OVER, FORWARD, ½ TURN RIGHT

1&2 Cross rock R over L, Recover on L, Step L to side
3&4 Cross L over R, Step R to side, Step L back
5&6 Cross R behind L, Step L to side, Cross R over R
7&8 Step L forward, Pivot ½ turn R, step L beside R

Begin again. Have Fun.

Restart during wall 5 after 16 count

Tag at the ends of Wall 8 & Wall 10

EASY TAG:

1&2 Cross rock R over L, Recover on L, Step R to side
3&4 Cross rock L over R, Recover on R, Step L to side

Last Update - 5th August 2017