

Mei Hua

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Beginner waltz
編舞者: Lee Yoke Pheng - July 2007
音樂: Plum Blossom (梅花) - Teresa Teng (鄧麗君)



#24 counts intro. Start on vocals

BASIC WALTZ FORWARD & BACK

1-3 Step forward on left, step right beside left, step left in place
4-6 Step back on right, step left beside right, step right in place

FORWARD ½ TURN, BACK BASIC WALTZ

1-3 Step forward left, step forward right with a ½ turn left step back on left
4-6 Step back on right, step left beside right, step right in place

CROSSING TWINKLE STEPS, TWINKLE ½ TURN

1-3 Cross left over right, step right to right, step left to left
4-6 Cross step right over left, turn ¼ right step left back, turn ¼ right step right to right (12.00)

CROSSING TWINKLE STEPS, WEAVE TO LEFT

1-3 Cross step left over right, step right to right, step left to left
4-6 Cross step right over left, step left to left, cross step right behind left

SWAY LRL, RIGHT CROSS ROCK RECOVER, ¼ TURN RIGHT

1-3 Step left to left side sway to left right left
4-6 Cross step right over left, recover on left, turn ¼ right step right to right (3.00)

CROSSING TWINKLE STEPS, WEAVE TO LEFT

1-3 Cross step left over right, step right to right, step left to left
4-6 Cross step right over left, step left to left, cross step right behind left

SWAY LRL, RIGHT CROSS ROCK RECOVER, 1/4 TURN RIGHT

1-3 Step left to left side sway left, right, left
4-6 Cross step right over left, recover on left, turn ¼ right step right to right (6.00)

TOUCH LEFT FORWARD, SWEEP LEFT TO SIDE, HOLD

1-3 Touch left forward, bend right foot slightly, body lean slightly forward

Both arms cross over left foot (head look down)

4-6 Slowly rise up, straightening right foot, sweep left foot to side, point hold

Bring both arms up and down to your sides as you rise (like a flower blooming)

REPEAT

TAG : □End of wall 2 (12.00) do the following 24 counts

1-3 Basic forward waltz lrl
4-6 Basic back waltz rlr

(Repeat the above 3X, each time turning ¼ left, you will be facing 9.00, 6.00, 3.00, turn ¼ left to face 12.00 and start dance from the beginning)

Optional: You can also do the above 24 counts sequence (tag) for the introduction.

ENDING: (12.00) When the music slows down, sweep left foot behind right and slowly unwind full turn left, at the same time, raising both arms up from the sides and above your head. POSE !

ENJOY THE DANCE!

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