

Don't Spend Your Money

COPPER KNOB
BY SEBASTIAAN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Sebastiaan Holtland (NL) - July 2017
音樂: Man of the Year - Leroy Sanchez : (Album: New Elevated EP - iTunes)



Introduction: 16 counts, Start on the word: "Spending" approx 08 sec.
(No Tags or Restarts) (smooth motion).

[1-8] Behind, ¼ Turn R, Side, Step with Sweep R, Syncopated Weave L with Sweep, Sailor Step L, ½ Pivot Turn L, Continue a ½ Turn L with Sweep L.

- 8&1 Step L behind R, Making ¼ turn R (3.00) step R to R, Step L forward and sweep R from back to front.
- 2&3 Step R across L, Step L to L, Step R behind L and sweep L from front to back.
- 4&5 Step L behind R, Step R to R, Step L slightly forward.
- 6&7 Step R forward, Pivot turn ½ L (9.00) over L weight onto L, Continue a ½ turn L (3.00) sweep L from front to back.

[9-16] Behind, Side, Step with Knee Rise R (slightly diagonal), Back, ¼ Turn L, Side, Step, Side, Together, Step with ¼ Turn L, Sweep R, 1/8 Diamond R.

- 8&1 Step L behind R, Step R to R, Step L forward and rising R knee up (technical to diagonal).
- 2&3 Step R back, Making ¼ turn L (12.00) step L to L, Step R forward.
- 4&5 Step L to L, Step R beside L, Making ¼ turn L (9.00) step L forward and sweep R from back to front.
- 6&7 Step R across L, Making 1/8 turn R (10.30) step L to L, Step R back.

[17-24] 1/8 Diamond R, Back & Recover with Arm Movement, Back, 1/8 Turn L, Out / Out L, R, Toe Fan R, Small Step Fwd, Knee Lift R.

- 8&1 Step L back, Making 1/8 turn R (12.00) step R to R, Step L forward.
- 2 Step R back (L toe is up) & lean R while angling body 1/8 turn L (push your R hand fingers spread fwd to 10.30 - chest level).
- 3 Recover back onto L and pull R elbow backward on chest high and lift R knee slightly up weight onto L.
- 4&5 Step R back, Making 1/8 turn L (9.00) and step L out to L, Step R out to R weight onto both feet.
- 6&7 Swivel R toe to R (toe Fan R), Swivel R toe back to centre, Step Slightly forward and lift R knee up.

[25-32] Cross & Step with 1/8 Turn R, Runs Fwd L, R, L, Recover, Sweep L, Small Step Back, Sweep R, 1/8 Sailor Turn L.

- 8&1 Step R across L, Making 1/8 turn R (10.30) step L slightly to L, Step R slightly to R.
- 2&3 On diagonal: Stepping L forward, Stepping R forward, Stepping L forward.
- 4-5 On Diagonal: Recover back onto R and sweep L from front to back, Step L slightly back and sweep R from front to back.
- 6&7 Step R behind L, Making 1/8 turn L (9.00) step L to L, Step R forward.

REPEAT THE DANCE AND HAVE FUN!!

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