

# Hey Mamama

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Colleen Archer (AUS) - July 2017  
音樂: Hey Mamma - Sunstroke Project : (Album: Eurovision Song Contest 2017 Kyiv)



Intro: 8 counts (start on the word "Hey") SP: Weight on L  
Rotation: ¼ CCW Date: 25/7/2017 "For Lilly"

## MAMBO, MAMBO, SIDE, TOUCH, SIDE, TOUCH, SHUFFLE

1 & 2      Rock step R forward, Recover L, Step R beside L  
3 & 4      Rock step L to left side, Recover R, Step L beside R  
& 5 & 6      Step R to right side, Touch L beside R, Step L go left side, Touch R beside L  
7 & 8      Step R to right side, Step L to left side, Step R to right side□(12)

## FWD, SCUFF, HEEL, COASTER, ¼ PADDLE, ¼ PADDLE, ACROSS

1, 2 &      Step L forward, Scuff R & raise L heel, Lower L heel  
3 & 4      Step R back, Step L beside R, Step R forward  
5, 6      Step L forward, Turn ¼ right taking weight R  
& 7, 8      Step L forward, Turn ¼ right taking weight R, Step L across R□(6)

## SIDE, TOUCH, SHUFFLE, COASTER, TOG, SIDE, TOG, SIDE

1, 2      Long step R to right side, Touch L beside R  
3 & 4      Step L to left side, Step R beside L, Step L to left side  
5 & 6      Step R back, Step L beside R, Step R forward  
& 7      Step L beside R, Touch R toe to right side  
& 8      Step R beside L, Touch L toe to left side□(6)

## ¼ TURN SAILOR, BEHIND, SIDE, FWD, ½ PIVOT, X-SAMBA

1 & 2      Step L behind R, Turn ¼ left and rock step R to right side, Recover L  
3 & 4      #□Step R behind L, Step L to left side, Step R forward (add finish)  
5, 6      Step L forward, Turn ½ right taking weight R  
7 & 8      Step L across R, Rock step R to right side, Recover L□(9)

Begin dance again....

FINISH:□Wall 10 starting at 9 o'clock, dance first 28 counts #, now facing 12 o'clock.

5, 6      Rock step L forward, Recover R  
7 & 8      Step L R L on spot.

\*\*\*\*\*□The music encourages you to use your hips, so please do!

Dance may be copied and distributed provided original steps remain unchanged.

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