

# One Step, Two Step

拍數: 32      牆數: 4      級數: Upper Beginner  
編舞者: Adrian Lefebour (AUS) - July 2017  
音樂: One Step Forward - Desert Rose Band : (iTunes)



Notes: 32 count intro from the start of the song.

## [1-8] □ STEP FWD R45, TOUCH, STEP FWD L45, TOUCH, STEP BACK R45, TOUCH, STEP BACK L45, TOUCH

1,2      Step R forward on R 45, Touch L toe next to R (clap hands on the touch)  
3,4      Step L forward on L 45, Touch R toe next to L (clap hands on the touch)  
5,6      Step R back on R 45, Touch L toe next to R (clap hands on the touch)  
7,8      Step L back on L 45, Touch R toe next to L (clap hands on the touch)

## [9-16] □ VINE RIGHT, VINE LEFT 1/4 TURN SCUFF

1,2      Step R to R side, Step L behind R  
3,4      Step R to R side, Touch L toe next to R  
5,6      Step L to L side, Step R behind L  
7,8      1/4 Turn L step forward on L, Scuff R forward (9.00)

## [17-24] □ TOE STRUT JAZZ BOX

1,2      Touch R toe across L, Drop R heel  
3,4      Touch L toe slightly back, Drop L heel  
5,6      Touch R toe to R side, Drop R heel  
7,8      Touch L toe next to R, Drop L heel (weight on L)

## [25-32] □ R HEEL, STEP TOGETHER, L HEEL, STEP TOGETHER, HEEL FWD, HOLD, TOE BACK, HOLD

1,2      Place R heel forward to R 45, Step R next to L  
3,4      Place L heel forward to L 45, Step L next to R  
5,6      Place R heel forward, Hold  
7,8      Touch R toe back, Hold

## START AGAIN

### RESTART – Wall 4

Dance to count 16, then restart the dance facing the 12 o'clock wall.

### RESTART - Wall 11, facing the 6 o'clock wall

Dance the first 8 counts of the dance and then start the dance again.

### FINISH – Wall 14

Dance to count 26, then do a 1/4 paddle turn with your L to finish at the front wall.