

La Radio

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Intermediate samba
編舞者: Maria Maag (DK) - June 2017
音樂: SÚBEME LA RADIO (feat. Descemer Bueno & Zion & Lennox) - Enrique Iglesias



Intro: 48 counts from first beat In music (32 secs. into track)

Restart: Wall 3, after 16 counts (facing 03:00), start dance from the beginning.

Ending: □ Wall 9, after 15 counts (facing 07:30), then turn 3/8 R step fw. R (&), step fw. L (8), step fw. R (1)...The End

[1 – 8] □ Side R back rock L, side L back rock R, walk fw. R+L, paddle 2 x ¼ L □

1-2& Step R to R (1), rock L behind R (2), recover R (&) □ 12:00

3-4& Step L to L (3), rock R behind L (4), recover L (&) □ 12:00

5-6 Walk fw. R (5), walk fw. L (6) □ 12:00

&7&8 Turn ¼ L rock R to R (&), step down L (7), turn 1/4 L rock R to R (&), step down L (8) □ 06:00

[9 – 16] □ Cross samba R + L, weave L turn 1/8 R, behind turn 1/8 R □

1&2 Cross R over L (1), rock L to L (&), recover R (2) □ 06:00

3&4 Cross L over R (3), rock R to R (&), recover L (4) □ 06:00

5&6 Cross R over L (5), step L to L (&), turn 1/8 R stepping back R (6) □ 07:30

7&8 Step back L (7), turn 1/8 R stepping R to R (&), step fw. L (8) □ 09:00

[17 – 24] □ Step fw. R, Mambo fw. L, hip bump/press step fw. R recover L, back rock R recover ¼ L, back rock L recover ¼ R □

1-2& Step fw. R (1), rock fw. L (2), recover R (&) □ 09:00

3-4& Step back L as you slightly lift your R heel from the floor (3), bump R hip fw. as you slightly press down on R (4), recover L (&) □ 09:00

5&6 Rock back R (5), recover L (&), turn ¼ L stepping R to R (6) □ 06:00

7&8 Rock back L (7), recover R (&), turn ¼ R stepping L back (8) □ 09:00

[25 – 32] □ Back mambo R, run fw. L+R+L, step ¼ L, turn ¼ R cross □

1&2 Rock back R (1), recover L (&), step fw. R (2) □ 09:00

3&4 Run fw. L (3), run fw. R (&), run fw. L (4) □ 09:00

5&6 Step fw. R (5), turn ¼ L stepping down L (&), cross R over L (6) □ 06:00

7&8 Rock L to L (7), turn ¼ R stepping down R (&), cross L over R (8) □ 09:00

Have fun and Enjoy...:-)

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