

To Be Human

拍數: 48 牆數: 2 級數: Advanced
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - June 2017
音樂: To Be Human (feat. Labrinth) - Sia : (Wonder Woman Sound Track - iTunes)



Intro: 16 Counts

S1: Side, Back Rock 1/4, 1/2, 1/2, 1/4, Rock, Recover, 1/4, 1/4, Rock.

- 1-2&3 Step Left to Left side, cross rock Right behind Left, recover on Left, make 1/4 turn to Right stepping forward on Right. (3.00)
- 4&5 Make 1/2 turn to Right stepping back on Left, make 1/2 turn to Right stepping forward on Left, make 1/4 turn to Right stepping Left to □□□Left side. (6.00)
- 6-7 Cross rock Right behind Left, recover on Left.
- 8&1 Make 1/4 turn to Left stepping back on Right, make 1/4 turn to Left stepping forward on Left, rock/press forward on Right as you raise up. (12.00)

S2: Sweep, Sweep, Back Rock 1/2, 1/4 Sway, Sway, Behind , 1/4, Side.

- 2-3 Step back on Left sweeping Right from front to back, step back on Right sweeping Left from front to back.
- 4&5 Rock back on Left, recover forward on Right, make 1/2 turn to Right stepping back on Left. (6.00)
- 6-7 Make 1/4 to Right as you sway to Right, sway to Left. (9.00)
- 8&1 Cross step Right behind Left, make 1/4 turn to Left stepping forward on Left, step Large step Right to Right side. (6.00)

S3: Drag Ball Cross, 1/2 Cross Shuffle, 1/4, 1/2, Cross Side Behind.

- 2&3 Drag Left toward Right, step Left next to Right, cross step Right over Left.
- 4&5 Make 1/2 turn to Left cross stepping Left across Right, step Right to Right side, cross step Left across Right. (12.00)
- 6-7 Make 1/4 turn to Left stepping back on Right, make 1/2 turn to Left stepping forward on Left sweeping Right. (3.00)
- 8&1 Cross step Right over Left, step Left to Left side, cross step Right behind Left sweeping Left out to side.

S4: Behind, Side, Step, 1/2, 1/2, Rock Recover 1/2, 1/2 Hitch.

- 2&3 Cross step Left behind Right, step right to Right side, step forward on Left. (Prep for full turn)
- 4-5 Make 1/2 turn to Left stepping back on Right, make 1/2 turn to Left stepping forward on Left.
- 6&7 Rock forward on Right, recover back on Left, make 1/2 turn to Right (9.00)
- 8 Make 1/2 turn to Right as you lift/hitch Left knee across Right. (3.00)

S5: Cross, Rock & Cross, 1/4, 1/2, Step Tap Back, Behind. Side, Rock.

- 1-2&3 Cross step Left across Right , Rock Right to Right side, recover on Left, cross step Right over Left.
- 4-5 Make 1/4 turn to Right stepping back on Left, make 1/2 turn to Right stepping forward on Right. (12.00)
- 6&7 Step forward on Left, tap Right toe next to Left, step back on Right sweeping Left.
- 8&1 Cross step Left behind Right, step Right to Right side, cross rock Left over Right.

S6: Recover Ball Cross, 1/4, 1/2, 1/4, Back Rock 1/4, 1/4, Cross.

- 2&3 Recover back on Right, step Left to Left side, cross step Right over Left.
- 4&5 Make 1/4 turn to Right stepping back on Left, make 1/2 turn to Right stepping forward on Right, make 1/4 turn to Right stepping Left to Left side.

- 6&7 Cross rock Right behind Left, recover on Left, make 1/4 turn to Left stepping back on Right.
(Lift Left slightly as you raise up) (9.00)
- 8& (1)□ Make 1/4 turn to Left stepping Left down and to Left side, cross step Right over Left (Step Left to Left side)

Restart: Wall 6

Dance Up To & Including Count 32 (1/2 Hitch) Then Restart Dance Making 1/4 Turn To Right Stepping Left To Left Side. (Facing Front Wall)
