Get My Move On

拍數: 32

級數: Beginner

編舞者: Jonno Liberman (USA) - July 2017

音樂: You Broke Up with Me - Walker Hayes

Dance begins after 16 counts. - No Tags or Restarts

[1-8] Step Touch x2, Side, Together, Side, Touch (12:00)

- 1, 2 Step R forward onto diagonal, Touch L next to R
- 3, 4 Step L back onto diagonal, Touch R next to L
- 5, 6 Step R to right, Step L next to R
- 7,8 Step R to right, Touch L next to R

[9-16] Step Touch x2, Side Rock, Recover, Front Rock, Recover (12:00)

- 1, 2 Step L back on diagonal, Touch R next to L
- 3, 4 Step R forward on diagonal, Touch L next to R
- 5,6 Rock L to left, Recover onto R
- 7,8 Rock L forward, Recover onto R

[17-24] Side, Hold, Cross Front, Side, Cross Back, Side Touch, Cross Front, Side Touch (12:00)

- 1, 2 Step L to left, Hold
- 3, 4 Cross R over L, Step L to left
- 5,6 Cross R behind L, Touch L to left
- 7,8 Cross L over R, Touch R to right

[25-32] Box Step, Touch Side, Touch Front, Touch Side, 1/4 Flick (9:00)

- 1, 2 Cross R over L, Step L back
- 3, 4 Step R to right, Cross L over R
- 5,6 Touch R to right, Touch R forward
- 7,8 Touch R to right, Turn 1/4 to left as you flick R back (9:00)

Notes: During the step touches on the 1st and 2nd counts of eight, you can choose to add hand claps. Option 1: Clap on counts 2, 4, 10, 12

Option 2: Clap on counts 2&, 4, 10&, 12

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牆數: 4