

Happy Dance

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Low Intermediate
編舞者: Tabitha Carnes (USA) - June 2017
音樂: Happy Dance - MercyMe



Intro: 32 counts - No Tags, No Restarts

[1 – 8] □ SAILOR STEP, ¼ TURNING SAILOR STEP, PADDLE STEP ½ TURN

1&2 Step R behind L, step L next to R, step R side
3&4 Step L behind R, ¼ turn L stepping R side, step L fwd (9:00)
5 – 6 Swivel ⅛ turn over L shoulder while pointing R to side, repeat
7 – 8 Swivel ⅛ turn over L shoulder while pointing R side, swivel ⅛ turn over L shoulder and touch R next to L (3:00)

[9 – 16] □ KICK & POINT, KICK & POINT, BALL CROSS, STEP BACK, STEP ¼ SIDE, TOGETHER

1&2 Kick R fwd, step R next to L, point L to L side
3&4 Kick L fwd, step L next to R, point R to R side
&5 – 6 Step R side, cross L over R, step R while turning ⅛ over L shoulder
7 – 8 Step L while turning ⅛ over L shoulder, step R together (weighted evenly on both feet) (12:00)

[17 – 24] □ *APPLE JACKS (SINGLE-SINGLE-DOUBLE x2)**

&1 With weight on L heel and R toes, swivel L toes L and R heel L, return to center
&2 With weight on R heel and L toes, swivel R toes R and L heel R, return to center
&3&4 Repeat &1 twice (swiveling L two times)
&5 Repeat &2
&6 Repeat &1
&7&8 Repeat &2 twice (swiveling R two times) (12:00)

[25 – 32] TURNING STEP TOUCHES (x3), SHUFFLE STEP

1 – 2 Step R diagonally fwd, touch L next to R
3 – 4 Step L side while turning ¼ L, touch R next to L (9:00)
5 – 6 Step R side while turning ¼ L, touch L next to R (6:00)
7&8 Step L fwd, step R together, step L fwd

*****EASIER OPTION FOR [17 – 24]: HEEL SWITCHES WITH HOOKS (x2)**

1&2& L heel fwd, step L together, R heel fwd, step R together
3&4& L heel fwd, hook L over R, L heel fwd, step L together
5&6& R heel fwd, step R together, L heel fwd, step L together
7&8 R heel fwd, hook R over L, R heel fwd (stay weighted on L foot)

Latest update: July 22, 2017

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