Feel What I Feel



拍數: 64 牆數: 2 級數: Improver

編舞者: Christie Lim (MY) & Peter Reber (SA) - July 2017 音樂: Feel what I Feel by Kate De Luna (faded at 3:21)



Start at approx. 22s with Tag 1, main dance starts with vocals

Sequence: Tag 1(16) - 64- Tag 1(16) - 64 - Tag 2(32) - 64

Main Dance - 64 count

S1 [1..8] Cross, side, vine, V step, hip bumps

1-2 RF cross, LF step L

3&4 RF behind, LF step L, RF cross 5& LF fwd diagonal, RF step out R, Styling: L hand behind head, R hand behind head

6& L Hand to L hip, R hand to right hip (no steps)
7&8 Hip bump L, R, L (with 1/4 turn R) (3:00)

S2 [9..16] Walk R, L, jump onto RF then LF, sweep behind, tap (2x)

1-2 Walk, R, L

3&4 RF toe touch fwd (2x), jump onto RF with LF swinging to back 5-6 Jump onto LF with RF kicking to front, RF sweep to behind LF

7&8 RF toe touch behind LF (2x), RF point to R

S3 [17..24] RF touch next to LF, point, hitch, coaster step, Mambo fwd, back, 1/2 turn, fwd

1&2 RF touch next to LF, RF point to side, RF hitch

3&4 RF back, LF together, RF fwd 5&6 LF fwd, Recover, LF back

7&8 RF back, 1/2 turn L stepping LF fwd, RF step fwd □(9:00)

S4 [24..32] Mambo fwd, sailor step, cross recover side (2x)

1&2 LF fwd, Recover, LF back

3&4 Swing RF behind with 1/4 turn R, step LF to L, step R to R (sailor) (12:00)

5&6 LF cross, recover, LF step next to RF 7&8 RF cross, recover, RF step next to LF

S5 [33..40] Hip bump (3x), coaster step, hip bump (3x), lock step

1&2 Step LF fwd with hip bump L-R-L
3&4 LF back, RF next to L, LF fwd
5&6 Step RF fwd with hip bump R-L-R

7&8 Step RF fwd, LF lock behind RF, Step RF fwd

S6 [41..48] 1/4 turn R step L, recover, behind, side, cross, 1/2 turn and cross shuffle (2x)

1-2 1/4 turn R stepping LF to L, Recover to RF (3:00)3&4 Step LF behind, step RF to side, LF cross RF

5&6 1/2 turn R step RF to L (RF crosses over LF), lock LF behind RF, RF side (9.00)

7&8 1/2 turn L cross LF over RF, lock RF behind LF, LF side (3.00)

S7 [49..56] Side, behind, recover (2x), Pivot 1/2 turn (2x)

•	•	\ ,' ,'	,
1&2	RF step to R, LF	F rock behind RF, Recov	er to RF
3&4	LF step to L, RF	Frock behind LF, Recov	er to LF
5&6	Step RF fwd, LF	fwd and 1/2 turn R, ste	p RF fwd
7&8	Step LF fwd, RF	fwd and 1/2 turn L, ste	p LF fwd

S8 [57..64] Rock, recover, sailor 1/4 turn, heel touches (2x), step, together

1-2 RF Rock fwd, Recover

3&4 RF swing behind LF with 1/4 turn R, step LF back, recover to RF

5&6& LF heel touch, together, RF heel touch, together

7-8 LF step fwd, step RF next to LF

Tag 1 - 16 count

T1.1 [1..8] Step RF, LF next to R, 1/2 L changing weight to R, in place R-L-R,paddle 1/4 turn L (2x)

1&2 Step RF fwd, Step LF next to RF, transfer weight to RF

3&4 1/2 turn L step LF fwd, Step RF next to LF, Transfer weight to LF

5&6& Weight to RF, LF, RF, LF

Styling: hands rising on side of body from below waist to above shoulder

7&8 Step RF fwd, 1/4 turn L, step RF fwd, 1/4 turn L LF

Styling: arms swinging, circling overhead for each count

T1.2 [9..16]□ Repeat [T1.1]

Tag 2 - 32 count

T2.1 [1..8] Side, 1/4 turn (4x)

1-2 Step RF to side, 1/4 turn L and LF touch next to RF
3-4 Step LF to side, 1/4 turn L and RF touch next to LF
5-6 Step RF to side, 1/4 turn L LF touch next to RF
7-8 Step LF to side, 1/4 turn L and step RF brush

T2.2 [9..16] Cross rock, recover, side, close (2x)

1-2 Cross rock RF over left, recover 3&4 RF to R, LF close, RF to R

5-6 Cross rock LF over right, recover

7&8 LF to L, RF close, LF to L

T2.3 [17..24] Side, 1/4 turn (4x)

Repeat of T2.1

T2.4 [25..32] Cross rock, recover, side, close (2x)

Repeat of T2.2

Enjoy!

Contact: chrislimlc33@gmail.com - preber@telkomsa.net with any questions or comments