Yesterdays Girl



拍數: 64 牆數: 4 級數: Improver

編舞者: Carrie Ann Green (ES) - July 2017

音樂: The Girl from Yesterday - Eagles : (Album: Hell Freezes Over)



Intro: 3 beats then 16 counts - Approx 12 secs

SECTION 1: GRAPEVINE, ½ TURN, BRUSH. CHASSE LEFT. ROCK STEP

Step right foot to right side, step left behind right foot, make ¼ turn right stepping right foot 1-4

forward (3:00), make 1/4 turn right, brush left forward (6:00)

5&6 Step left to left side, close right to left, step left to left side

7-8 Rock right behind left, recover weight on left

SECTION 2: ROCKING CHAIR. STEP. PIVOT HALF TURN LEFT. SHUFFLE FORWARD

1 –4 Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left

5 –6 Step forward on Right. Pivot half turn Left (12:00)

Step Right forward. Step Left beside Right. Step Right forward 7&8

SECTION 3: 3/4 TURN RIGHT, SHUFFLE FORWARD LEFT, ROCKING CHAIR

1-2 Step back on Left making a ¼ Right (3:00) make ½ turn Right Stepping forward on Right

(9:00)

3&4 Step Left forward. Step Right beside Left, Step Left forward

5-8 Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left

SECTION 4: CROSS, POINT, CROSS, POINT. JAZZ BOX 1/4 RIGHT, WITH CROSS

1-4 Step Right across left, Point left to left side. Step left across right, Point right to right side 5-8

Step Right across left, Step left back, making a 1/4 Right (12:00) Step Right to right side,

Cross Left over Right

RESTART HERE ON WALL 4 - FACING 9:00

SECTION 5: SIDE ROCK, BEHIND SIDE CROSS. SIDE ROCK, 1/4 TURN SAILOR

1-2 Rock right to right side. Recover onto left.

Cross right behind left. Step left to left side. Cross right over left. 3&4

5-6 Rock left to left side. Recover onto right. Side

7&8 Turn ¼ Left sweeping Left behind right, step Right to right side, step Left to left side (9:00)

SECTION 6: CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS, SWEEP

Step Right across Left, Step Left to Left side, Step Right behind Left, Sweep Left around and 1-4

behind Right

5-8 Step Left behind Right, Step Right to Right, Step Left across Right, Sweep Right around from

back to front

SECTION 7: JAZZ BOX. ROCK FORWARD, RECOVER. SHUFFLE 1/2 RIGHT

1-4 Step right across left, step left back, step right to side, step left slightly forward

5-6 Rock right forward, recover left

7&8 Shuffle ½ turn Right, stepping Right, Left, Right (3:00)

SECTION 8: STEP, LOCK, STEP, LOCK, STEP, STEP KICK, STEP BACK HOOK

1-2 Step forward on left, lock right behind left (slightly diagonal)

3&4 Step forward on left, lock right behind left, step forward on left (slightly diagonal)

5-8 Step Forward Right (straightening up), Kick Left Forward. Step back on Left, Hook Right

across Left knee

End of Wall 3 - 4 Count Tag – Rocking Chair:

1-4 Rock forward on Right, recover on Left, Rock Back on Right recover on Left

** Dedicated to Chris McPhie – thanks for the music suggestion

Contact: dizzyc71@hotmail.com□