

Walk On A Bad Day

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Beginner
編舞者: Greywolf (NL) & Wiya Wambli (NL) - July 2017
音樂: On a Bad Day - Kasey Chambers



Alt. Music: Lacy J Dalton – Walk That Line (141 bpm)

WALK, HOLD & CLAP, WALK, HOLD & CLAP, WALK, HOLD & CLAP, WALK, HOLD & CLAP □ □

1-2 LF step forward - Hold and clap
3-4 RF step forward - Hold and clap
5-6 LF step forward - Hold and clap
7-8 RF step forward - Hold and clap

BACK, BACK, BACK, BRUSH, STEP RIGHT ¼ R, BRUSH, STEP LEFT, BRUSH □ □

9-10 LF step back - RF step back
11-12 LF step back - RF brush
13-14 ¼ turn right, RF step right (3) - LF brush
15-16 LF step left - RF brush

WEAVE RIGHT, SIDE ROCK CROSS, HOLD □

17-18 RF step right - LF cross behind RF
19-20 RF step right - LF step across RF
21-22 RF rock right - Weight back on LF
23-24 RF step across LF - Hold

WEAVE LEFT, SIDE ROCK CROSS, HOLD □ □ □

25-26 LF step left - RF cross behind LF
27-28 LF step left - RF step across LF
29-30 LF rock left - Weight back on RF
31-32 LF step across RF - Hold

HEEL STRUT, HEEL STRUT ¼ TURN LEFT, STEP, ½ PIVOT TURN LEFT, STEP, HOLD

33-34 RF touch heel forward - RF toes down
35-36 ¼ turn left, LF touch heel forward - LF toes down
37-38 RF step forward - LF&RF ½ turn left (6)
39-40 RF step forward – Hold

HEEL STRUT, HEEL STRUT ¼ TURN RIGHT, WALK, WALK, WALK, HOLD

41-42 LF touch heel forward - LF toes down
43-44 ¼ turn right, RF touch heel forward (9) - RF toes down
45-46 LF step forward - RF step forward
47-48 LF step forward – Hold

KICK FORWARD, KICK FORWARD, BACK ROCK, KICK FORWARD, KICK FORWARD, BACK ROCK

49-50 RF kick forward - RF kick forward
51-52 RF rock back - □Weight back on LF
53-54 RF kick forward - RF kick forward
55-56 RF rock back - Weight back on LF

STEP FORWARD, ¼ PIVOT TURN LEFT, ACROSS, HOLD, SIDE ROCK. TOUCH, HOLD

57-58 RF step forward - LF&RF ¼ turn left (6)
59-60 RF step across LF - Hold

61-62 LF rock left - Weight back on RF
63-64 LF touch next to RF - Hold

Start over

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