

I am Pegasus

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 2 級數: High Intermediate
編舞者: Jo Hough (AUS) - May 2017
音樂: I Am Pegasus - Ross Ryan : (Album: The complete seventies - iTunes)



Dance starts about 2 seconds in on "Pegasus".
One Tag and two Restarts. Anti-CW direction.

Thank you to Michelle my trusty sheet scrutinizer.

Sec 1: □STEP DRAG, BEHIND, 1/4. FULL TURN. 1/2 PIVOT.SHUFFLE.□□□

1-2& Angling shoulders to the 10:30 wall, step R to right, drag L towards R, step L behind R, 1/4 step R to R (3:00)
3&4 1/2 turn R stepping back on L , 1/2 turn R stepping forward on R, step L □3:00
5-6 1/2 pivot turn L stepping forward on R ,take weight L (9:00) □9:00
7&8 Shuffle forward, stepping RLR

Sec 2: □FULL TURN, SHUFFLE. 1/4 PIVOT CROSS SHUFFLE, STEP□□□

1-2 Half turn R stepping back on L, 1/2 R stepping forward on R
3&4 Shuffle forward, stepping LRL
5-6 1/4 turn L stepping forward on R, take weight L (6:00) □6:00
7&8& Step R across L , step L , step R across L , step L

Sec 3: □ACROSS ROCK, ACROSS ROCK. ACROSS SIDE BEHIND SWEEP, BEHIND SIDE ACROSS.□□□

1-2& Step R across L, rock forward, take weight L , step R to R
3-4& Step L across R, rock forward, take weight R , step L to L
5&6 Sweep step R across over L , step L to L , step R behind L
7&8 Sweep step L behind R , step R to R , step L across R ***

Sec 4: □STEP 1/2 SWEEP, BEHIND TOG. SHUFFLE. 1/2 PIVOT,FULL TURN□□□

1-2& Step slightly forward on R, start sweeping L anti-clockwise as you make a 1/2 turn. Step L behind R step R together □12:00
3&4 Shuffle forward: stepping LRL
5-6 Step forward on R, 1/2 pivot L take weight L □6:00
7-8 1/2 turn L, stepping back on R, 1/2 turn L, stepping forward on L

Tags: □Tag at end of Wall 1. ROCKING CHAIR ON DIAGONAL□

1-2 Rock forward to diagonal (7:00) on R, take weight L
3-4 Rock back to L diagonal (1:00) on R, take weight L

Restart ***

Wall 3 (6 o'clock) and 5 (6 o'clock) are short walls.

Restart after section 3 count 24.

Finish after 9th wall with a 1/2 turn to the front.