

Duele Bachata

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Roosamekto Mamek (INA) - July 2017
音樂: Duele - Dama



Intro : 16 Count (On vocals)

No TAG. No RESTART

S1: SIDE, TOUCH (R&L), ROLLING VINE FULL TURN RIGHT OR BASIC SIDE BACHATA TO RIGHT

1-4 Step R to side – Touch L beside R – Step L to side – Touch R beside L
5-8 Turn ¼ right step R forward – Turn ½ right step L back – Turn ¼ right step R to side – Touch L beside R

Option:

5-8 Step R to side – Step L together – Step R to side – Touch L beside R

S2: SIDE, TOUCH (L&R), ROLLING VINE FULL TURN LEFT OR BASIC SIDE BACHATA TO LEFT

1-4 Step L to side – Touch R beside L – Step R to side – Touch L beside R
5-8 Turn ¼ left step L forward – Turn ½ left step R back – Turn ¼ left step L to side – Touch R beside L

Option:

5-8 Step L to side – Step R together – Step L to side – Touch R beside L

S3: FORWARD SLIGHTLY CROSS, SIDE TOUCH, FORWARD WITH SWAY FORWARD, SWAY BACK, SWAY FORWARD, TOUCH

1-4 Step R forward slightly cross over L – Touch L to side – Step L forward slightly cross over R – Touch R to side
5-8 Rock R forward sway body forward – Sway body back – Sway body forward Touch L beside R

S4: BACK, SIDE TOUCH, BACK WITH SWAY BACK, SWAY FORWARD, SWAY BACK, TOUCH

1-4 Step L back – Touch R to side – Step R back – Touch L to side
5-8 Rock L back sway body back – Sway body forward – Sway body back – Touch R beside L

S5: WALK FORWARD R-L-R, TOUCH, WALK BACK L-R-L, TOUCH

1-4 Step R forward – Step L forward – Step R forward – Touch L beside R
5-8 Step L back – Step R back – Step L back – Touch R beside L

S6: FORWARD, TURN 1/2 RIGHT, BACK, TOUCH, STEP FORWARD, FULL TURN LEFT, TOUCH

1-4 Step R forward – Turn ½ right step L back – Step R back – Touch L beside R
5-8 Step L forward – Turn ½ left step R back – Turn ½ left step L forward – Touch R beside L

S7: MAMBO CROSS (R&L)

1-4 Rock R to side – Recover on L – Cross R over L – Hold
5-8 Rock L to side – Recover on R – Cross L over R – Hold

S8: BACK, TOUCH, FORWARD, TOUCH

1-4 Step R back – Touch L beside R – Step L forward – Touch R beside L
5-8 Step R back – Touch L beside R – Step L forward – Touch R beside L

REPEAT

For song & step sheet please contact: Roosamekto.Nugroho@gmail.com

