

# I Gotta Praise

COPPERKNOB  
BY SHEETS

拍數: 32      牆數: 2      級數: Easy Intermediate  
編舞者: Lesley Kidd (UK) & Hayley Goy (UK) - July 2017  
音樂: I Gotta Praise - Paul Heaton & Jacqui Abbott



**Intro: 16 counts. Start on vocals**

**Section 1: Rock back, side rock and cross, hinge turn, cross shuffle**

1-2            Rock back on R, raising L foot off floor, recover on L  
3&4           Rock to R side on R, recover on L, cross R over L  
5-6           Make ¼ turn R stepping back on L, make ¼ turn R stepping R to side  
7&8           Cross L over R, step R to R side, cross L over R

**Section 2: Hip roll and touch X2, behind, side, cross to L, ¼ turn, flick**

1-2            Step R to side rolling hips to R, touch L to side  
3-4            Step L to side rolling hips to L, touch R to side  
5&6           Step R behind L, step L to side, cross R over L  
7-8            Make ¼ turn L stepping forward on L, flick R foot up behind you

**Section 3: Syncopated weave to L, Vaudeville step**

1-2            Cross R over L, step L to side  
3&4            Step R behind L, step L to side, cross R over L  
5-6            Step L to side, step R behind L  
&7&8          Step L to side, dig R heel to diagonal, step down on R, cross L over R

**Section 4: 2x 1/8 turn kick ball changes, jazz box with a jump**

1&2            Kick R foot to diagonal, step down on R making 1/8 turn R, cross L over R  
3&4            Kick R foot to diagonal, step down on R making 1/8 turn R, cross L over R  
5-6            Cross R over L, step back on L  
7-8            Step R to side, jump forward slightly with both feet together.

**There are 3 Tags**

**Tags 1 & 2, danced at the end of walls 3 & 6: K-step, 4x hip bumps**

1-2            Step R forward to R diagonal, touch L beside R  
3-4            Step L back to L diagonal, touch R beside L  
5-6            Step R back to R diagonal, touch L beside R  
7-8            Step L forward to L diagonal, touch R beside L

1-2            Bump hips to R, bump hips to L  
3-4            Bump hips to R, bump hips to L

**Tag 3, danced at the end of wall 7: Half a K-step, 2x hip bumps**

1-2            Step R forward to R diagonal, touch L beside R  
3-4            Step L back to L diagonal, touch R beside L  
5-6            Bump hips to R, bump hips to L

**Ending: on wall 9, turn the jazz box ½ turn to face 12:00**

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