

Nu Ren Mei You Cuo

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: BM Leong (MY) - July 2017
音樂: Nu Ren Mei You Cuo (女人沒有錯) - Wang Jianrong (王建榮) & Situ Lanfang (司徒蘭芳)



Sequence of dance: ABB/ABB/ABBBB(8)

Intro: 32 counts – start on vocal

(A)

A1: CROSS, POINT, CROSS, POINT, FORWARD ROCK, COASTER STEP

1-2 Cross R over L, point L to left side
3-4 Cross L over R, point R to right side
5-6 Rock R forward, recover onto L
7&8 Coaster step on RLR

A2: CROSS & SWIVEL TO RIGHT AND LEFT SIDES

1-2 Cross L over R, swivel left heel to right side touching right toes on right side
3-4 Swivel left toes to right side touching right heel on right side, swivel left heel to right side touching right toes on right side
5-6 Cross R over L, swivel right heel to left side touching left toes on left side
7-8 Swivel right toes to left side touching left heel on left side, swivel right heel to left side touching left toes on left side

A3: RIGHT & LEFT NEW YORKERS

1-2 Cross L over R, recover onto R
3&4 Cha cha to left side on LRL
5-6 Cross R over L, recover onto L
7&8 Cha cha to right side on RLR

A4: WEAVE RIGHT, MONTEREY 1/2 TURN RIGHT, FORWARD MAMBO

1-2 Cross L over R, step R to right side
3-4 Cross L behind R, point R to right side
5-6 1/2 turn right stepping R together, point L to left side
7&8 Forward mambo on LRL

(B)

B1: FORWARD & BACK SHUFFLES

1-2 With R in front swivel both heels inward, swivel both heels outward
3-4 With R at the back swivel both heels inward, swivel both heels outward
5-6 With L at the back swivel both heels inward, swivel both heels outward
7-8 With R at the back swivel both heels inward, swivel both heels outward

B2: RUNNING MAN

1-2 Step R forward, slide R backward lifting L
3-4 Step L forward, slide L backward lifting R
5-6 Cross R over L, slide R backward lifting L
7-8 Cross L over R, slide L backward lifting R

B3: RIGHT & LEFT SIDE SHUFFLES

1-2 Swivel left heel & right toes to right side, swivel left toes & right heel to right side
3-4 Swivel left heel & right toes to right side, swivel left toes & right heel to right side
5-6 Swivel left toes & right heel to left side, swivel left heel & right toes to left side

7-8 Swivel left toes & right heel to left side, swivel left heel & right toes to left side

B4: STEPS & SCUFFS TURNING 1/2 RIGHT

1-2 Step R forward, scuff L forward

3-4 Turning 1/4 right step L forward, scuff R forward

5-6 Turning 1/4 right step R forward, scuff L forward

7-8 Step L forward, scuff R forward

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