

Rebel On The Rocks

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner +
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音樂: Rebel On The Rocks - Red Jenkins : (iTunes)



Starts: On Vocals

V STEP, ROCK RECOVER AND ROCK RECOVER(angle to lt then to rt)

1,2, Step Rt fwd and out to the Rt, Step Lt fwd and out to the Lt
3,4 Step Rt foot back to centre again, Step Lt beside Rt
5,6, (angle to lt) Step fwd on Rt, Recover on Lt
&,7,8 Step Rt beside Lt,(angle to rt) Step fwd on Lt, Recover on Rt

V STEP, ROCK RECOVER AND ROCK RECOVER(angle to rt then to lt) Same as above,opp. foot

1,2 Step Lt fwd and out to the Lt, Step Rt fwd and out to the Rt
3,4 Step Lt foot back to centre again, Step Rt beside Lt
5,6 (angle to rt) Step fwd on Lt, Recover on Rt
&,7,8 Step Lt beside Rt, (angle to lt) Step fwd on Rt, Recover on Lt

LINDY 2X

1&2,3,4 Shuffle Rt,Lt, Rt (to Rt), Rock back on Lt behind Rt, Recover fwd on RT
5&6,7,8 Shuffle Lt, Rt, Lt (to Lt) Rock back on Rt behind Lt, Recover fwd on Lt

STEPS & BOUNCES 2X (1st turns 1/4 Rt, 2nd in place)

1,2, Step Rt foot fwd and turn 1/4 Rt, Step Lt foot beside Rt,
3,4 Bounce(Heels up/down), Bounce(Heels up/down)
5,6 Step Rt foot fwd, Step Lt foot beside Rt
7,8 Bounce, Bounce

REPEAT

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