

City vs Countryside

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: High Beginner
編舞者: Molly Yeoh (MY) - July 2017
音樂: Cheng Li Bi Xiang Xia Hao (城裡比鄉下好) - Feng Fei Fei (鳳飛飛)



Intro: 12 counts (from this music track) Tag: 16 counts

S1: WALK FOUR STEPS FORWARD

1- 8 Walk R hold, L fwd hold, R fwd hold, L fwd hold

S2: ROCK FORWARD, BACK, SIDE RECOVER, ¼ LEFT TURN

1-4 Rock forward R, recover on L, rock back R, recover L,
5-8 R rock to R, ¼ Left turn, R step beside L , L step on spot (9 o'clock)

S3: RIGHT FORWARD TRIPPLE STEPS ON, LEFT FORWARD TRIPPLE STEPS ON THE SPOT

1-2, 3&4 R fwd, L fwd, step R beside L@3, step L and R on the spot with quick hips moves (3&4)
5-6, 7&8 L fwd, R fwd, step L beside R@7, step R and L on the spot with quick hips moves (7&8)

S4: RIGHT MAMBO, LEFT MAMBO ¼ LEFT TURN

1 -4 R step to R, recover on L, R step beside L (hold on 4)
5 -8 L step to L, recover on R, ¼ left turn, L step on, R step beside L (6 o'clock)

S5: RIGHT CROSS LEFT, LEFT CROSS RIGHT

1-2-3-4 Cross R over L, L step back, R step to R side(a bit R diagonal) @3 hold 4
5-6-7-8 Cross L over R, R step back, L step to L side (a bit L diagonal) @7 hold 8

S6: DIAGONAL STEPS FORWARD, OPEN CLOSED

1-2, 3-4 R slide diagonal to R, L step up to R, L slide diagonal to L, R step up to L
5-6, 7-8 R step (bit apart) fwd to R, L step (bit apart) fwd to L, R step back, L closed on R

S7: SHUFFLE TO RIGHT (RAISE HAND) , SHUFFLE TO LEFT(RAISE HAND)

1-4 R step to R, L followed, R step to R with knee bend@3 as L Leg point to L side@4
(same time raising R hand over the head looking over to the right)
5-8 L step to L, R followed, L step to R@ 7 with knee bend as R leg point to R side@8
(same time raising L hand over the head looking over to the left)

S8: FORWARD STEP TOUCH, ¼ TURN, SCUFF, JAZZ BOX

1-4 R fwd, L touch beside R(clap), ¼ L turn, L step down, R scuff over L(clap)
5-8 R step cross over L, L step back, R step beside L, L cross over R(3 o'clock)

TAG: (End of 2nd wall face 6 o'clock, add 16 count Tag as below)

SIDE STEPS, TWO STEPS TO RIGHT AND TWO STEPS TO LEFT

1-4 R step to R, L step beside R, L step to L, R step beside L
5-8 Shuffle to R

1-4 L step to L, R followed, R to R, L followed
5-8 Shuffle to L

Contact me at suanyeah@hotmail.com HAVE A FUN TIME! TQVM