

拍數: 64 牆數: 2 級數: Intermediate
 編舞者: Hiroko Carlsson (AUS) - July 2017
 音樂: OK (feat. James Blunt) - Robin Schulz : (iTunes)



(Intro: 16 count)

[S1] Back, Back, Out-Out, Hold, Back, Back, Out-Out, Back, Back Rock

1 2 Step R back, Step L back
 &3 4 Out-out RL (Step R to side(&), Step L to side(3)), Hold
 &5 Step R back, Step L back
 &6& Out-out RL (Step R to side(&), Step L to side(6)), Step R back
 7 8 Rock/step L back, Recover weight on R

[S2] Touch, Kick, Sailor Step, Kick, Sailor, Step Pivot 1/2L

1 2 Touch L next to R, Kick L diagonally fwd
 3&4 Step L behind R, Step R next to L, Step L to left side
 5 6& Kick R diagonally fwd, Step R behind L, Step L next to R
 7 8 Step R fwd, Turning 1/2L weight on L (6:00)

[S3] R Toe Touches Cross & Side, Behind, Side, Cross, &, Cross, 1/2L Unwind, Coaster Step

1 2 Cross touch R toe over L, touch R toe to right side
 3&4& Cross step R behind L, step L to left side, Cross step R over L, Step L next to R
 5 6 Cross R over L, Unwind 1/2L (weight ending up on R)
 7&8 Step L back, Step R next to L, Step L fwd (12:00)

[S4] Fwd, Fwd, Fwd Mambo, Back, Back, 1/4L Turning Coaster Step

1 2 Step R fwd, Step L fwd,
 3&4 Step R fwd, Recover weight on L, Step R together
 5 6 Step L back, Step R back
 7&8 Turning 1/4L step L back, Step R next to L, Step L fwd (9:00)

[S5] Rock Fwd-&, L Side Rock-&, R Side Rock-&, L Side Rock-&

1 2& Rock step R fwd, Recover weight on L, Step R next to L
 3 4& Rock step L to left side, Recover weight on R, Step L next to R
 5 6& Rock step to right side, Recover weight on L, Step R next to L
 7 8& Rock step L to left side, Recover weight on R, Step L next to R (9:00)

[S6] Step Pivot 1/2L, Rock Fwd-&, Back Rock-&, Cross, Side

1 2 Step R fwd, Turning 1/2L weight on L
 3 4& Rock step R fwd, Recover weight on L, Step R next to L
 5 6& Rock step L back, Recover weight on R, Step L next to R
 7 8 Cross R over L, Step L to left side (3:00)

[S7] Behind Rock, &, Behind, Hold, &, Cross, Hold, &, Behind, Fwd

1 2 Rock step R to behind L, Recover weight on L
 &3 4 Step R to right side, Cross L behind R, Hold
 &5 6 Step R to right side, Cross L over R, Hold
 &7 8 Step R to right side, Cross L behind R, Step R fwd (3:00)

[S8] 1/4R Side Rock, Cross, Hold, Side, Back Rock, Fwd Rock, &

1 2 Turning 1/4R rock step L to left side, Recover weight on R
 3 4& Cross L over R, Hold, Step R to right side

5 6 Step L back, Recover weight on R
7 8& Rock step L fwd, Recover weight on R, Step L back (6:00)

(Updated: 10/July/17)

Please contact me if you have any inquiry. (hirokoclinedancing@gmail.com)
