

# Bruk Off Yuh Back

**COPPER** **KNOB**  
STEP SHEETS

拍數: 48                      牆數: 4                      級數: Intermediate  
編舞者: Roosamekto Mamek (INA) - July 2017  
音樂: Bruk Off Yuh Back - Konshens & Chris Brown



Intro : 32 Count

No TAG. No RESTART

## S1: SYNCOPATED MODIFIED KICK BALL CHANGE (R&L), RIGHT SIDE MAMBO, LEFT SIDE MAMBO

1&2&                      Kick R forward – Step R beside L – Rock L behind R – Recover on R (12:00)  
3&4&                      Kick L forward – Step L beside R – Rock R behind L – Recover on R  
5&6                      Rock R to side – Recover on L – Step R together  
7&8                      Rock L to side – Recover on R – Step L together (12:00)

## S2: ANCHOR STEPS, BACK ROCK, RECOVER, MODIFIED KICK BALL CHANGE

1&2                      Rock R back – Recover on L – Step R in place (12:00)  
3&4                      Rock L back – Recover on R – Step L in place  
5&6&                      Rock R back – Recover on L – Kick R forward – Step R beside L  
7&8&                      Rock L behind R – Recover on R – Kick L forward – Step L beside R (12:00)

## S3: SYNCOPATED V STEP, SIDE ROCK, PUSH, TOGETHER

1&2&                      Step R diagonal forward – Step L diagonal forward – Step R back home to center – Step L beside R (12:00)  
3&4                      Rock R to side – Push R so your weight on L – Step R together  
5&6&                      Step L diagonal forward – Step R diagonal forward – Step L back home to center – Step R beside L  
7&8                      Rock L to side – Push L so your weight on R – Step L together (12:00)

## S4: SYNCOPATED GRAPEVINE, SCISSOR STEP (R&L)

1&2&                      Step R to side – Cross L behind R – Step R to side – Cross L over R (12:00)  
3&4                      Step R to side – Step L beside R – Cross R over L  
5&6&                      Step L to side – Cross R behind L – Step L to side – Cross R over L  
7&8                      Step L to side – Step R beside L – Cross L over R (12:00)

## S5: SIDE STEP WITH SWAY, BODY SWAY, SIDE CHASSE (R&L)

1-2                      Step R to side sway body to right – Sway body to left (12:00)  
3&4                      Step R to side – Step L beside R – Step R to side  
5-6                      Step L to side sway body to left – Sway body to right  
7&8                      Step L to side – Step R beside L – Step L to side (12:00)

## S6: SWITCH TOUCHES, SAILOR STEP TURN 1/2 RIGHT, SWITCH TOUCHES, SAILOR STEP TURN 1/4 LEFT

1-2                      Touch R forward – Touch R to side  
3&4                      Cross R behind L – Turn ½ right step L beside R – Step R forward (6:00)  
5-6                      Touch L forward – Touch L to side  
7&8                      Cross L behind R – Turn ¼ left step R beside L – Step L forward (3:00)

REPEAT

For song & step sheet please contact: [Roosamekto.Nugroho@gmail.com](mailto:Roosamekto.Nugroho@gmail.com)

