

Heart's Keeper (3.21am)

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 4 級數: waltz
編舞者: Sandy Kerrigan (AUS) - July 2017
音樂: Secret (feat. Heidi Klum) - Seal : (iTunes)



Dance Info: Dance starts with wt on L – 12 counts in - BPM [128:]

Step Fwd, Fwd, ½ Pivot Turn, ½ Step Back, ¼ Side, Step Fwd 3:00

1 2 3 Step Fwd R, Step Fwd L, ½ Pivot Turn R-wt on R
4 5 6 Turning ½ R-Step Back on L, ¼ R-Step R to R, Small Step Fwd on L

Step Fwd Sweep, Step Fwd Sweep 12:00

1 2 3 Step Fwd R, Sweep L around Fwd for 2 counts
4 5 6 Step Fwd L, Sweep R around Fwd, Sweep into ¼ Turn L

Cross, Step Side, Behind, ¼ Fwd, Swivel 3/8th L with Hitch-Back L45°, Kick R Fwd(toe down)

1 2 3 Cross R over L, Step L to L Side, Cross R Behind L
4 5 6 ¼ L Step Fwd L to 9:00, Swivel on L to Back L45°-Hitching R, Kick R Fwd & Down

Facing L45°-Step Fwd, ½ Back, Step Together, ½ Step Back to L45°, Sweep R 1/8 R to 6:00

1 2 3 Step Fwd R, Turning ½ R-Step Back on L, Step R next o L
4 5 6 Turning ½ R-Step Back on L, Sweep R for 2 counts –Turning 1/8thR to face 6:00 Wall

Right Sailor Step, behind, Point Side, Hold with arm action 6:00

1 2 3 Cross R Behind L, Step L to L Side, Replace to R Side (sailor)
4 5 6 Cross L Behind R, Point R toe to R Side, Hold

Using the hold count- dance R arm across front of the body around to the R side Up and over to the R side of head

Behind, ¼ Fwd, Side, Behind, Side, Diagonal Fwd (Facing back L45°)

1 2 3 Cross R Behind L, Turning ¼ L-Step Fwd on L 3:00, Step R to R Side
4 5 6 Cross L Behind R, Step R to R Side, Step L slightly across and Fwd to L45°**

Facing 12:00-modified restart in wall 2 Step L next to R and restart

(Diagonal Diamond Fall Away)Fwd, Side 6:00, Back, Back, Side to 9:00, Step Fwd 9:00

1 2 3 Step Fwd R, Turn 1/8th R to 6:00 Step L to L Side, 1/8 R-Step Back R (Back R45°)
4 5 6 Step Back L, Turning to 9:00 Wall Step R to R Side, Step Fwd L

Fwd Basic Waltz, Back Basic Waltz 9:00

1 2 3 4 5 6 Step Fwd R, Step L next to R, Replace to R, Step Back L, Step R next to L, Rep to L
[48]

Note: Modified restart in wall 2 Facing 12:00**

12 count Tag end wall 6 facing 9:00

***360° Right Diamond Fall Away Tag-start @ 9:00 and return to 9:00**

1 2 3 Step R Fwd to face front L45°, 1/8th R-Step L to L side 12:00, 1/8th R-Step Back R
4 5 6 Facing Front R45°-Step Back L, Step R to R side 3:00, 1/8th R-Step Fwd L-Facing back L45°
1 2 3 4 5 6 Repeat the above 6 counts returning to 9:00 wall, last step on L will straighten to 9:00