

# Still

拍數: 64      牆數: 2      級數: Improver  
編舞者: Hiroko Carlsson (AUS) - July 2017  
音樂: Still - LaVern Baker : (iTunes)



(Intro: 8 Count / Start on Vocals)

**[S1] Cross Rock, Side Rock, Cross Rock, Side Rock**

1 2      Cross/rock R over L, recover weight on L  
3 4      Step/rock R to right side, recover weight on L  
5 6      Cross/rock R over L, recover weight on L  
7 8      Step/rock R to right side, recover weight on L (12:00)

(Styling - Look back and slightly turn your body on count 3 and 7)

**[S2] Behind, 1/4L Fwd, 1/2L Shuffle Back, Coaster Fwd w/ Scuff Fwd**

1 2      Step R behind L, Turning 1/4L step L fwd  
3&4      Turning 1/2L step R back, Step L next to R, Step R back  
5&6      Step L back, Step R next to L, Step L fwd  
7 8      Step R fwd, Scuff L fwd (3:00)

**[S3] Cross Rock, Side Rock, Cross Rock, Side Rock**

1 2      Cross/rock L over R, recover weight on R  
3 4      Step/rock L to left side, recover weight on R  
5 6      Cross/rock L over R, recover weight on R  
7 8      Step/rock L to left side, recover weight on R (3:00)

(Styling - Look back and slightly turn your body on count 3 and 7)

**[S4] Behind, 1/4R Fwd, 1/2R Shuffle Back, Coaster Fwd w/ Scuff Side**

1 2      Step L behind R, Turning 1/4R step R fwd  
3&4      Turning 1/2R step L back, Step R next to L, Step L back  
5&6      Step R back, Step L next to R, Step R fwd  
7 8      Step L fwd, Scuff R to right side \*\*(12:00)

**[S5] R Side Shuffle, Rock Behind w/ 1/4R, L Side Shuffle, Cross Rock**

1&2      Step R to right side, Step L next to R, Step R to right side  
3 4      Rock/step L behind R, Recover weight on R whilst turning 1/4R  
5&6      Step L to left side, Step R next to L, Step L o left side  
7 8      Rock/cross R over L, Recover weight on L (3:00)

**[S6] 1/4R Fwd w/ Toe Strut, 1/2R Back w/ Toe Strut, 1/2R Fwd w/ Toe Strut, Fwd Rock**

1 2      Turning 1/4R step R toe fwd, Drop R heel to floor  
3 4      Turning 1/2R step L toe back, Drop L heel to floor  
5 6      Turning 1/2R step R toe fwd, Drop R heel to floor  
7 8      Rock/step L fwd, Recover weight on R (6:00)

**[S7] 4x Sway, 2x 1/4R Paddle**

1 2 3 4      Step L to left side w/ sway L, Sway R, Sway L, Sway R  
5 6 7 8      Step L fwd, Turning 1/4R weight on R, Step L fwd, Turning 1/4R weight on R

**[S8] Cross, Scuff, Jazz Box, Step 1/2L Pivot Turn**

1 2      Cross L over R, Scuff R  
3 4 5 6      Cross R over L, Step L back, Step R to right side, Step L fwd  
7 8      Step R fwd, Turning 1/2L weight on L (6:00)

Restart wall 3 count 32\*\* with step change (12:00)

31 32

Step L fwd, Scuff R Fwd

**Tips: Last Wall - Go in flow with the music, when it slows down.**

(updated: 21/6/17)

**Please contact me if you have any inquiry ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))**

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