

# Come And Go

拍數: 126      牆數: 1      級數: Phrased All Levels  
編舞者: Trizia Ruggiero (UK) - June 2017  
音樂: Years May Come Years May Go - Herman's Hermits



Sequence: A/B/A/B/A/B/B

**A: 61 counts**

**A1 – STEP/LOCK/STEP /TOUCH**

1-4            Step forward R- lock L behind R- step forward R-touch L beside R  
5-8            Step forward L- lock R behind L-step forward L-touch R beside L

**A 2- ROCKING CHAIR/ PIVOT HALF TURN/ TOUCH / HOLD**

1-4            Rock forward on R- recover on L-rock back on R – recover on L  
5-6            Step forward on R- pivot half turn L  
7-8            Touch R beside L – hold

**A 3- CROSS SIDE SAILOR**

1-2            Cross R over L – step L to side  
3&4            Sweep R behind L [ weight on ball of L] Recover on R  
5-6            Cross L over R- step R to side  
7&8            Sweep L behind R [ weight on ball of R] recover on L

**A 4- STEP & POINTS**

1-2            Step forward on R- Point L to L side  
3-4            Step forward on L- Point R to R side  
5-6            Step forward on R- Point L to L side  
7-8            Step forward on L- Point R to R side

**REPEAT SECTIONS A1-A2-A3**

**A 5- STEP/ POINT/ TOUCH**

1-2            Step forward on R- point L to L side  
3-4            Step forward on L – point R to R side  
5-            Touch R beside L

**END OF A □ [ VERSE] □ □**

**B: 65 counts**

**B 1 – VINE WITH A TOUCH/ SIDE TOUCHES**

1-4            Step R to side – step L behind R- step R to side- touch L beside R  
5-8            step L to side –touch R beside L- step R to side – touch L beside R

**B 2 – VINE QUARTER TURN TOUCH/ SIDE TOUCHES**

1-4            Step L to L side – step R behind L- step L quarter turn L- touch R beside L  
5-8            Step R to side – touch L beside R- step L to side- touch R beside L

**B 3 – REPEAT SECTION B1 –B2**

**B 4- REPEAT SECTIONS B1-B2**

**B 5 - VINE WITH A TOUCH/ SIDE TOUCHES/ STEP**

1-4            Step R to side – step L behind R- step R to side – touch L beside R  
5-8            Step L to side – touch R beside L- step R to side – touch L beside R

**B 6 - VINE QUARTER TURN TOUCH/ SIDE TOUCHES/ STEP**

1-4 Step L to side – step R behind L- step L quarter turn L- touch R beside L

5-8 Step R to side – touch L beside R- step L to side – touch R beside L

9 Step R down to R side [ CHORUS]

**END OF B.....B CAN BE DANCED HOLDING HANDS WITH THE PERSON NEXT TO YOU [OPTIONAL]**

**Don't forget to sing-a-long!**

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