I'm Sorry



拍數: 16 牆數: 2 級數: Improver NC2S

編舞者: Christina Yang (KOR) - July 2017

音樂: I'm Not Gonna Miss You - Glen Campbell



NOTE: This dance is a tribute to all Alzheimer patients and their families.

Start the dance after 16 counts

SECTION 1: SIDE LONG STEP, BACKWARD ROCK, RECOVER, 1/4 TURN TO R WITH FORWARD, 1/2 TURN TO R WITH SIDE, CROSS, SIDE ROCK, RECOVER, CROSS WITH SWEEP, CROSS, SIDE, BACK, 1/2 TURN TO R WITH SWEEP

1-2& RF side long step, LF backward rock, RF recover

3&4
1/4 turn to R with LF forward, 1/2 turn to R with RF side, LF cross over RF
5&6
RF side rock, LF recover, RF cross over LF and LF sweep form back to front

7&8 LF cross over RF, RF side, LF cross behind RF and 1/2 turn to R with RF sweep from front to

back

SECTION 2: BACKWARD, COASTER STEP, FORWARD ROCK, RECOVER, 1/4 TURN TO R WITH NC2S SIDE BASIC, 1/4 TURN TO L WITH FORWARD, 1/4 TURN TO L WITH SIDE, 1/2 TURN TO L WITH SIDE

1-2&3 RF backward, LF backward, RF closed LF, LF forward

4&5 RF forward rock, LF recover, 1/4 turn to R with RF side long step

6& LF backward rock, RF recover

7&8 1/4 turn to L with LF forward, 1/4 turn to L with RF side, 1/2 turn to L with LF side

RESTART: On the 4th wall, you should dance until 8 counts and start again (In this time, you should change last step from '1/2 turn to R with sweep' to '1/2 turn to R with touch')

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http://www.youtube.com/user/thetrianglelinedance https://www.facebook.com/christina.yang.148553