

# My Lonely Drum

拍數: 32      牆數: 4      級數: Beginner  
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音樂: Lonely Drum - Aaron Goodvin : (iTunes)



Intro: 40 counts – start on lyrics

## S1: Stomp, kick, triple step, stomp, kick, triple step

1-2            Stomp right foot beside left, kick right foot forward  
3&4           Triple step right left right in place  
5-6           Stomp left foot beside right, kick left foot forward  
7&8           Triple step left right left in place

## S2: Cross rock, chasse right, cross rock, chasse left □

1-2            Cross right foot in front of left, recover on to left  
3&4           Step right to right side, step left beside right, step right to right side  
5-6           Cross left foot in front of right, recover on to right  
7&8           Step left foot to left side, step right beside left, step left to left side

## S3: Step forward, tap, step back, ¼ turn right, step forward, tap, step back, ¼ turn left

1-2            Step forward on right foot, tap left toe behind right heel  
3-4            Step back on left foot, ¼ turn right stepping right to right side  
5-6            Step forward on left foot, tap right toe behind left heel  
7-8            Step back on right foot, ¼ turn left stepping left to left side

## S4: Kick-Ball-Cross x 2, heel grind ¼ turn right, rock step

1&2            Kick right foot diagonally right, touch right ball beside left, cross left in front of right  
3&4            Kick right foot diagonally right, touch right ball beside left, cross left in front of right  
5-6            Touch right heel forward, grind right toe ¼ right stepping back on left  
7-8            Step back on right foot, recover onto left

## TAG: Easy Tag at the end of the 3rd wall

### STEP, HOLD, ROCK/RECOVER, STEP, HOLD, ROCK/RECOVER

1-2-3-4        Step right foot to right side, hold, rock back on left foot, recover onto right foot  
5-6-7-8        Step left foot to left side, hold, rock back on right foot, recover onto left foot

Have fun

Last Update - 1st August 2017