

Give Me The Beat

拍數: 64 牆數: 4 級數:
編舞者: Will Craig (USA) - May 2017
音樂: Give Me the Beat - Ghostland Observatory



Intro: 32 counts from hard beat

Walk Back, Walk Back, Coaster Step, Step, Kick and Lock Unwind

1 2 Walk back R (1), Walk back L (2)
3&4 Step R back (3), Step L to R (&), Step R forward (4)
5 6& Step L forward (5), Kick R forward (6), Step R forward (&)
7 8 Lock L behind R (7), Unwind full turn left weight ends on L (8) (12:00)

Step Heel Twist, Coaster Step, Kick Out Out, Roll Roll

1&2 Step R forward (1), On balls of both feet Twist Both Heels right (&) Bring heel back to center weight on L (2)
3&4 Step R back (3), Step L to R (&), Step R forward (4)
5&6 Kick L forward (5), Step L out to left (&), Step R out to right (6)
7 8 With knees slightly bent roll body from right side straighten knees to raise body up and over to left back to the right side with knees bent again (7) With knees slightly bent roll body from right side straighten knees to raise body up and over to left (8)

Sailor 1/4 Turn, Step 1/2 Turn, 1/ Turn Side Step, Behind Side Cross and Touch

1&2 Step R behind L (1) Step L to left side (&) Making 1/4 turn right step R forward (2) (3:00)
3 4 Step L forward (3), Make 1/2 turn right ending with weight on R (4) (9:00)
5 6& Make 1/4 turn right Stepping L to left side (5), Step R behind L (6) Step L to left side (&) (12:00)
7&8 Step R over L (7), Step L to left side (&) Touch R behind L (8)

Touch 1/4 Turn, Rock Recover, Touch 1/2 Turn, Rock Recover

1 2 Making a 1/4 turn right touch right toe forward (1), Take weight on R (2) (3:00)
3&4 Rock L forward (3), Recover to R (&), Step L next to R (4)
5 6 Making a 1/2 turn right touch right toe forward (5), Take weight on R (6) (9:00)
7&8 Rock L forward (7), Recover to R (&), Step L next to R (8)

Back Clap, Back Clap, Rock and Cross, Rock and Cross

1 2 Step back on R (1), Touch L next to R and clap (2)
3 4 Step back on L (3), Touch R next to L and clap (4)
5&6 Rock R to right side (5), Recover weight to L(&), Cross R over L (6)
7&8 Rock L to left side (7), Recover to R (&), Cross L over R (8)

Back Clap 1/4 Turn, Back Clap, Mambo Step, Mambo Step

1 2 Make 1/4 turn left while stepping back on R (1), Touch L next to R and clap (2) (6:00)
3 4 Step back on L (3), Touch R next to L and clap (4)
5&6 Rock R forward (5), Recover weight to L(&), Step R next to L (6)
7&8 Rock L back (7), Recover to R (&), Step L next to R (8)

Skate Skate, Triple Step, Kick Cross Rock Step, Kick Cross Rock Step

1 2 Skate R forward (1), Skate L forward (2)
3&4 Step R forward (3), Step L to R (&) Step R forward (4)
5&6& Kick L forward (5), Cross L over R (&) Rock R back (6) Recover to L (&)
7&8& Kick R forward (7), Cross R over L (&) Rock L back (8) Recover to R (&)

Rock Recover and Point 1/4 Turn, Cross Rock, Rock Step

1 2& Rock L forward (1) Recover to R (2) Step L next to R (&
3 4 Touch R back (3) Make 1/4 turn right ending weight on R (4) (9:00)
5&6 Cross rock L over R (5), Recover to R (&) Step L to left side (6)
7 8 Rock R forward (7) Recover to L (8)

Restart: On wall 4, Restart after 32 counts

Begin again
