

Thanks A Lot

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Maribel Vives (ES) - July 2017
音樂: Thanks a Lot (Live) - Aaron Watson : (made originally for the Martina McBride's version of that song)



Step sheet by: Xavi Barrera

ROCKING CHAIR, ½ TURN PIVOT, ROCK STEP

- 1- Rock right forward
- 2- Recover your weight on to the left
- 3- Rock left back
- 4- Recover your weight on to the left
- 5- Touch right forward
- 6- Pivot ½ turn to the left on to the left foot
- 7- Rock right forward
- 8- Recover your weight on to the left

ROCK STEP, ½ TURN PIVOT, GRAPEVINE

- 9- Rock right back
- 10- Recover your weight on to the left
- 11- Touch right forward
- 12- Pivot ½ turn to the left on to the left foot
- 13- Step right to the right
- 14- Cross left behind the right
- 15- Step right to the right
- 16- Stomp left beside the right

¼ TURN GRAPEVINE, TRIPLE STEP, SCUFF

- 17- Step left to the left
- 18- Cross right behind the left
- 19- Step left to the left, and turn ¼ turn to the left at the same time
- 20- Scuff right beside the left
- 21- Step right forward
- 22- (Lock) Step left to the right of the right
- 23- Step right forward
- 24- Scuff left beside the right

TRIPLE STEP, STOMP, ROCK STEP, STOMP x 2

- 25- Step left forward
- 26- (Lock) Step right to the left to the left
- 27- Step left forward
- 28- Stomp right beside the left
- 29- Jumping, rock right back
- 30- Jumping, recover your weight on to the left
- 31- Stomp right beside the left
- 32- Stomp right beside the left

½ TURN TOE STRUT x 3, TOE STRUT

- 33- Touch right toe back
- 34- Lower right heel, turning ½ turn to the right at the same time
- 35- Touch left toe forward

- 36- Lower left heel, turning ½ turn to the right at the same time
- 37- Touch right toe back
- 38- Lower right heel, turning ½ turn to the right at the same time
- 39- Touch left toe forward
- 40- Lower left heel

CHARLESTON

- 41- Touch right forward
- 42- Hold
- 43- Step right back
- 44- Hold
- 45- Touch left back
- 46- Hold
- 47- Step left forward
- 48- Hold

VAUDEVILLE x 2

- 49- Cross right over the left
- 50- Step left short to the left-back
- 51- Touch right heel right-forward
- 52- Step right beside the left
- 53- Cross left over the right
- 54- Step right short to the right-back
- 55- Touch left heel left-forward
- 56- Step left beside the right

HOOK COMBINATION, SWIVELS, STOMP x 2

- 57- Kick right forward
- 58- Hook right over the left shin
- 59- Kick right forward
- 60- Step right beside the left
- 61- Move both heels to the right
- 62- Recover both heels to center
- 63- Stomp right beside the left
- 64- Stomp right beside the left

Restart

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