

拍數: 32 牆數: 4 級數: Beginner
編舞者: Diana Fort (ES) & Jordi Garrit (ES) - July 2017
音樂: Home - Ulrika Ölund



Step sheet by: Xavi Barrera

GRAPEVINE, ¼ TURN GRAPEVINE

- 1- Step right to the right
- 2- Cross left behind the right
- 3- Step right to the right
- 4- Stomp left beside the right
- 5- Step left to the left
- 6- Cross right behind the left
- 7- Step left to the left, turning ¼ turn to the left at the same time
- 8- Stomp right beside the left

TRIPLE STEP, HEEL, TRIPLE STEP, HEEL

- 9- Step right back
- 10- (Lock) Step left to the right side of the right
- 11- Step right back
- 12- Touch left heel forward
- 13- Step left back
- 14- (Lock) Step right to the left side of the left
- 15- Step left back
- 16- Touch right heel forward

ROCKING CHAIR, ½ TURN TOE STRUT x 2

- 17- Rock right back
- 18- Recover your weight on to the left
- 19- Rock right forward
- 20- Recover your weight on to the left
- 21- Touch right toe back
- 22- Lower right heel, turning ½ turn to the right at the same time
- 23- Touch left toe forward
- 24- Lower left heel, turning ½ turn to the right at the same time

TOE STRUT, HEEL x 2, STEP, SLIDE, TOE x 2

- 25- Touch right toe back
- 26- Lower right heel, turning ½ turn to the right at the same time
- 27- Lean on the left heel, diagonally left-forward
- 28- Without moving the left heel, lean on the right heel, diagonally right-forward
- 29- Step left back
- 30- Slide right back
- 31- Touch right toe back
- 32- Touch right toe back

Restart

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