Sister Kate



編舞者: Roger Neff (USA) - April 2017 音樂: Sister Kate - The Ditty Bops



Intro: 8 counts after full instrumentals begin.

Tag: 1 Tag X 3

[1-8] ☐ Walk Forward R, L, Rocking Chair, Shuffle Forward, Mambo Step

1-2 Walk forward R, L

3&4& Rock forward on R, Recover on L, Rock back on R, Recover on L

Step forward on R, Step L beside R, Step forward on RStep forward on L, Recover on R, Step L beside R

[9-16] ☐ Step Back on R, Turn ¼ to L and Step on L, Cross Shuffle, Side Touch, Step R, Sailor Step with ¼

Turn

1-2 Step back on R, Turn ¼ to L and step on L
3&4 Step R over L, Step to L, Step R over L
5&6 Step L, Touch R beside L, Step R

7&8 Step L behind R, Turn ¼ to L and step on R beside L, Step forward on L

[17-24]□R and L Shuffles Forward, Charleston

1&2	Step forward on R, Step L beside R, Step forward on R
3&4	Step forward on L, Step R beside L, Step forward on L

5-6-7-8 Touch R toe forward, Step R home, Touch L toe back, Step L home

[25-32]□Rock Forward, Recover, Turn ¼ to R and Step on R, Cross Shuffle, Point R, L, Swivel Heels R,

Center

1&2	Rock forward on R, Recover on	L, Turn ¼ to R and step R
-----	-------------------------------	---------------------------

3&4 Step L over R, Step R, Step L over R

Point R toe to R, Step R in Place, Point L toe to L
Step L in place, Swivel both heels to R, to center

TAG: There is a 4-count Tag at the end of walls 1, 3, and 6 (each time following 32 counts of vocals). You will repeat the last four counts of the dance minus the heel swivels. Instead of swivels, do a shimmy for counts 7&8 (like Sister Kate!).

Contact Roger at: lingofun@sbcglobal.net

Step sheet corrected on 08/07/2017. Last Site Update – 27th July 2017