

Rust

拍數: 64 牆數: 2 級數: Improver Contra
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音樂: Rust - Josh Thompson



Intro: 32 counts

SCT 1: Fwd, Touch, Back, Kick, Coaster step, Hold

1 - 2 Step RF fwd, Touch LF next to RF
3 - 4 Step LF back, Kick RF fwd
5 - 6 Step RF back, Step LF next to RF
7 - 8 Step RF fwd, Hold

SCT 2: (slow turn to the right) 1/4 Turn, Touch & Clap, 1/4 Turn, Touch & Clap, Rock 1/4, Rock 1/4

1 - 2 1/4 Turn R stepping LF to left side, Touch RF next to RF while clapping hands [3:00]
3 - 4 1/4 Turn R stepping RF fwd, Touch LF next to RF while clapping hands [6:00]
5 - 6 Rock LF fwd, 1/4 turn R to recover on RF [9:00]
7 - 8 Rock LF fwd, 1/4 turn R to recover on RF [12:00]

SCT 3: Cross, Side, Rock Back, (crossing line) Step Fwd, Lock, Step Fwd, Hold

1 - 2 Cross LF over RF, Step RF on Right side
3 - 4 Rock LF back, Recover on RF
5 - 6 Slightly in left diag (aim at gap in facing line), Step LF, Lock RF behind LF [11:00]
7 - 8 Step LF in Left fwd diagonal, Hold

SCT 4: Step 1/2 Turn L, Stomp R, L, Twist Heel R, L

1 - 2 (still slightly in diagonal), Step RF fwd, pivot 1/2 turn Left (squaring to face your partner) [6:00]
3 - 4 Stomp RF, Stomp LF
5 - 6 Twist Right heel to Left, return Right heel to center (weight on R)
7 - 8 Twist Left Heel to Right, return Left heel to center (weight on L)

SCT 5: Rock Fwd, Side Chassé, Rock Fwd, Chassé 1/4 turn

1 - 2 Rock RF fwd, Recover on LF
3 & 4 Step RF to right side, Step LF next to RF, Step RF to right side
5 - 6 Rock LF fwd, Recover on RF
7 & 8 Step LF to left side, Step RF next to LF, 1/4 turn left stepping LF fwd [3:00]

SCT 6: 1/4 Turn, Clap, Back, Clap Right partner, Back Rock, Step, Hold

1 - 2 1/4 turn left stepping RF back, Clap [12:00]
3 - 4 Step LF back, turn body to R to clap both hands into R Partner's hands
5 - 6 Rock RF back, Recover
7 - 8 Step RF, Hold

SCT 7: Rumba Box with touch, Monterey 1/2 Turn

1 - 2 Step LF to left side, Step RF next to LF
3 - 4 Step LF forward, Touch RF next to LF
5 - 6 Point RF to right side, 1/2 turn R sliding RF next to LF [6:00]
7 - 8 Point LF to left side, slide LF next to RF

SCT 8: Kick, Replace, Swivet R & L, Back Rock, Recover

1 - 2 Kick RF forward, □ Step RF slightly to the side of LF
3 - 4 Swivet R toe to R, L Heel to L, back to centre
5 - 6 Swivet L toe to L, R Heel to R, back to centre
7 - 8 Rock RF back, Recover on LF

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