

Lonely Drum

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Darren Mitchell (AUS) - June 2017
音樂: Lonely Drum - Aaron Goodvin : (iTunes)



(Intro: 40 counts)

STOMP, BOUNCE, BOUNCE, BOUNCE, TOE-HEEL-STOMP, TOE-HEEL-STOMP

1&2& Stomp R forward, raise R heel up, drop R heel to the ground, raise R heel up,
3&4 Drop R heel to the ground, raise R heel up, drop R heel to the ground,
5&6 Touch L toe together, touch L heel together, stomp L forward,
7&8 Touch R toe together, touch R heel together, stomp R forward. (12:00)

PADDLE TURN, SHUFFLE ACROSS, HIP-HIP-HIP, BEHIND-SIDE-ACROSS

1,2 Paddle turn: Step L forward, turn 90 degrees right take weight onto right,
3&4 Shuffle L across in front of right: L-R-L,
5&6 Step R to the side pushing hips: R-L-R,
7&8 Step L behind right, step R to the side, step L across in front of right. (3:00)

TOE & TOE & HEEL & HEEL, TOGETHER, WALK, WALK, SHUFFLE FORWARD.

1& Touch R toe to the side, step R together,
2& Touch L to the side, step L together,
3& Touch R heel forward, step R together,
4& Touch L heel forward, step L together
5,6 Step R forward, step L forward,
7&8 Shuffle forward: R-L-R. (3:00)

PIVOT TURN, SHUFFLE FORWARD, STEP, DRAG, STEP, DRAG

1,2 Pivot turn: step L forward, turn 180 degrees right take weight onto right,
3&4 Shuffle forward: L-R-L,
5,6 Step R a big step forward, drag L towards right,
7,8 Step L a big step forward, drag R towards left. (9:00)

[32]□REPEAT

Restart: at the end of wall 3, add the following 8-count tag, then restart the dance at 3:00

1,2 Step R forward, rock back onto left,
3&4 Shuffle back: R-L-R,
5,6 Step L back, rock forward onto right,
7&8 Shuffle forward: L-R-L.
